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Minimally invasive rhinoplasty

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Background: There are several approaches for performing both functional and aesthetic rhinoplasty is made of open or closed shape, when opened, the approach is through the columella, when closed, it is through the alar cartilages. There are several ways to turn addressing the wing, marginal and trascriptilaginosa cartilage. The trascriptilaginoso approach is our preference to avoid scars.

Objective: We propose to conduct any closed rhinoplasty technique for both primary and secondary.

Methods: A retrospective review of our cases in 4 consecutive years with the same approach, in which 240 patients from 2011 to 2015, which were performed rhinoplasty primary, secondary, tertiary, quaternary and to include number is performed 5, in all closed rhinoplasty was performed with trascriptilaginoso approach.

Results: It is considered a proper result, the patient who is comfortable with his aesthetic results and has proper function. Only two patients showed a minimal septal perforation, February 1 mm and the other of 5 mm, 5 patients with persistent osteocartilaginous hump of the nasal dorsum, 3 lack of projection of the nasal tip, followed for 6 months to 2 years postoperatively.

Conclusion: The closed technique can be used for any type of rhinoplasty, even in patients with more than one surgery.

Biography

Cynthia I Legorreta Chew is a Plastic and Reconstructive Surgeon InCorporativo Hospital Satellite and StarMedica Lomas Verdes in Naucalpan, State of Mexico. She is an active Member of International Society of Aesthetic Plastic Surgeons, FederacionIbero-Latinoamericana de CirugíaPlástica, Asociacion Mexicana de Quemaduras and College of Plastic Surgeons of State of Mexico.

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