

5th International Conference and Expo on

Cosmetology, Trichology & Aesthetic Practices

April 25-27, 2016 Dubai, UAE

Surgical classification of labia minora hypertrophy: A retrospective study of 100 patient cases

Smarrito Stephane
Clinique CIC Riviera, Switzerland

The purpose of this study is to establish a new surgical classification system for labial hypertrophy based on shape and clinical symptomatology, rather than measuring the length in centimeters. The goal of this classification system is to be able to select surgical strategies based on the type of labial hypertrophy. From 2005 to 2014, we undertook a retrospective study analyzing 100 patient files, chosen randomly from our database of 400 patient cases and preoperational photographs to reduce the labia minora, also known as nymphoplasty. The author analyzed data from each individual patient file concerning the shape of the labia minora, patients' symptomatology and the chosen operational technique. We found 3 types of labial hypertrophy, constituting a new system of classification: TYPE I: a high form, called "flag". 11 patient cases were observed (11%). TYPE II: a median form, called "oblique". 29 patient cases were observed (29%). TYPE III: a low form, called "complete". 60 patient cases were observed (60%). Concerning symptomatology, Type I was characterized by an undesirable aesthetic appearance and discomfort in the crotch area caused by wearing tight clothing, but not by dyspareunia. Type II showed an overall fuller appearance. Type III presented frequent dyspareunia more often than Type I and Type II. For Type I, the surgical technique selected was a superior pedicle flap, with only a moderate labial resection, which follows the edge of the labia minora. For Type II and Type III, the lambda laser technique was systematically proposed. The proposed system of classification seems to correspond better to patient's symptomatology in comparison to a system based on simply measuring the length in centimeters. The proposed system of classification makes it possible to adjust the surgical strategy to fit patients' expectations.

Biography

Smarrito Stephane is an experienced Aesthetic Surgeon (Switzerland and France). He had performed over 400 laser nymphoplasty and combined labiaplasty procedures. He had articles, about intimate surgery, published and submitted in the "*Plastic and Reconstructive Surgery*" medical journal. He is the member of the GRIRG.

persosmarrito@gmail.com

Notes: