

5th International Conference and Expo on

Cosmetology, Trichology & Aesthetic Practices

April 25-27, 2016 Dubai, UAE



Angelo Rebelo

Clinica Milenio, Portugal

Inverted nipple: Sakai technique

Inverted nipple is not a rare situation that causes dissatisfaction and discomfort to many women in any age. In the majority of the situations, it is consequent to congenital conditions. Also, it can occur after breast surgeries. There are many techniques to correct this situation and many of them with a significant percentage of recidives. The author learned from Sakai, a Japanese Plastic Surgeon, one technique that was found very efficient, with good results and very low or no recidives. The main indication for Sakai technique are inverted nipples and the cause doesn't matter, occurring on one or both sides in varying degrees and also dissatisfaction with previous surgery. Age is not important to decide to do the surgery. The surgery is performed upon a patient under local anesthesia with sedation as an out-patient. The operating time varies between 30 to 60 minutes. The technique is based in two small triangle flaps. The retention sutures (Nylon 4/0) are placed deeper to remake the nipple shape and closed superficial with Vicryl Rapid 5/0. Small molding dressing was done. The patients are advised that they cannot breast feeding anymore. Antibiotic per os during one week was prescribed. The percentage of recidives is very low or zero with this technique.

Biography

Angelo Rebelo has concluded his medicine studies in the Faculty of Medicine of University of Lisbon, Portugal in 1980 and became a specialized in Plastic, Reconstructive and Aesthetic Surgery in 1990. Since 1997 he opened his own outpatient private clinic for aesthetic-plastic surgery in Lisbon, Portugal, in the last 18 years. He is in exclusivity at Clinica Milenio in Lisbon - Portugal, as Clinic Director and Cosmetic Surgeon. He is precursor in several techniques of Cosmetic Surgery performed under Local Tumescence Anesthesia and outpatient. Internationally, he has been invited to teach and perform several surgical demonstrations in many countries. He is frequently sought out by the media as an authority in his field. His surgical techniques and advancements have been the subjects of interviews in Portuguese and international media, he's also author of numerous videos, lectures and articles presented at congresses and scientific journals. He is also an active member of several Professional Societies and Associations through the world.

clanicamilenio@netcabo.pt

Notes: