

5<sup>th</sup> International Conference and Expo on

# Cosmetology, Trichology & Aesthetic Practices

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### Correction of breast asymmetry and minor ptosis with internal mastopexy and muscle splitting biplane breast augmentation

**Background:** Current techniques for correction of breast asymmetry and minor ptosis require incisions on the breast but often the patients are dissatisfied with scars.

**Objectives and methods:** A technique combining muscle splitting biplane breast augmentation with internal suture mastopexy that consist of sutures placed in the deep surface of the gland from the upper part of the splitted pectoralis muscle is presented. This technique leaves no scar on the breast.

**Results:** This procedure was performed on 50 patients, with a mean follow-up of three years. Pleasing results have been obtained and the patients and the surgeon have expressed satisfaction with the procedure.

**Conclusions:** The internal mastopexy combined with muscle splitting biplane breast augmentation is an effective alternative in selected patients.

### Biography

Horia Remus Siclovan is a Specialist Plastic Surgeon certified by the Romanian Ministry of Health (2004) and by The Ministry of Health, United Arab Emirates (2008). He completed his Fellowship in Aesthetic - Cosmetic Surgery and Facial Palsy Surgery at the Clinic of Plastic Surgery "Prof. Dr. Fausto Viterbo" under the supervision of Professor Fausto Viterbo, Head of the Division of Plastic Surgery, Botucatu Medical School, Sao Paulo State University, Brazil (2006 and 2013). Currently, he is a Specialist Plastic Surgeon at MedArt Clinics, Riyadh, Saudi Arabia (2007–2008) and MedLife – Genesys Hospital, Arad, Romania (since 2009). He is the first Romanian Plastic Surgeon whose scientific articles were published in *Aesthetic Plastic Surgery Journal* (Official Journal of the International Society of Aesthetic Plastic Surgery). He is also a renowned Member of International Society of Aesthetic Plastic Surgery (ISAPS) and American Society of Plastic Surgeons (ASPS). He attends and presents his work at various conferences around the world. These include conferences in Rio de Janeiro (Brazil), Paris (France), Santiago de Chile (Chile), Geneva (Switzerland), Prague (Czech Republic), Dubai (United Arab Emirates), Riyadh (Saudi Arabia), Botucatu (Brazil), Szeged (Hungary), Doha (Qatar) and Budapest (Hungary).

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