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Face lifting by scarless suture suspension versus open surgical approach

Minimally invasive procedures done under local anesthesia are gaining many concerns not only between patients but also physicians. This concept strongly applies in facial rejuvenative procedures. Every patient looks for a simple, effective, safe, long lasting, less costly and above all with minimal downtime. Thread lifting seemed to be a good answer since it was introduced 20 years ago, but practically the results did not last long and was not cost effective. The concept of suture suspension introduced by Nikoly Serdeve was a better idea as it entails fixing the movable redundant tissues to a fixed non mobile tissue, i.e. the periosteum. In the face this technique can lift the brows, the mid face, the lower face and the upper neck. The results are immediate, long lasting with almost no down time. In the present work we followed up 40 cases with suture suspension done for different areas in the face for two years and compared the results to those of lifting the face by open surgery. The results were compiled and analyzed together with observed side effects. The suture suspension technique proved to be a better alternative to surgical face lift in mild and moderate cases of facial tissues sagging, however for more advanced cases surgery is still the best option.

Biography

Ahmed Adel Noreldin completed his Post-doctoral training in USA during the years 1990-1991. He was appointed as a Professor in the faculty of medicine, Cairo University in 1997. He was elected as the Sec. Gen. of the Egyptian Society of Plastic and Reconstructive Surgeons ESPRS from 2000 till 2008 and then in the year 2013 he was elected as the President of the ESPRS. He got his diplomat of the American Board for Hair Restoration Surgery ABHRS in 2010. He is the deputy sec. gen. of the International fed for Plastic, Reconstructive and Aesthetic surgeons IPRAS since 2011. He was the President of the Plastic Surgery Department, Cairo University 2012-2014. Currently, he is the President of the Aesthetic Academy of Egypt (AAEgy).

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