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Specific dermatoses of pregnancy- A practical clinical approach

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Pemphigoid gestationis, impetigo herpetiformis, polymorphic eruption of pregnancy, and the papular dermatoses of pregnancy (prurigo of pregnancy, pruritic folliculitis of pregnancy, or the new atopic eruption of pregnancy) are skin conditions- directly and indissolubly linked with the state of gestation or with the products of conception - that fall under the pregnancy-specific dermatoses conceptual umbrella. Intrahepatic cholestasis of pregnancy-a condition with secondary skin manifestations - defined as pruritus with onset during pregnancy, associated with abnormal liver function but in the absence of other liver conditions - is commonly linked with the pregnancy-specific dermatoses group (with some authors actually including it within the group itself).

However, the existence of several classification schemes-each delineating specific clinical algorithms and medical criteria and, in some cases, still subject to academic controversies and debates as to lacking sufficient etyopathogenetic data required to support a certain theoretical architecture - can lead to terminological and nosological confusion.

This article offers updated information on pregnancy dermatoses and provides a practical clinical algorithm for their diagnosis and management. Subsequently it offers effective treatment strategies for each of the conditions, with the main aim to contribute to the decreasing of maternal and fetal mortality and/or other associated risks, like prematurity.

Biography

Maria-Magdalena Roth is a dermatologist, researcher and head of the Dermatology Department at Hospital & Clinic Balear, Palma de Mallorca, Spain. Dr Roth earned her doctoral degree in medical sciences in 2007 at "Victor Babes" University of Medicine and Pharmacy in Timisoara, Romania, where she also received her medical education and residency training in dermato-venereology. She published more than 40 peer-reviewed publications, book chapters or conference papers, with her work being published in academic journals such as American Journal of Clinical Dermatology, Journal of the European Academy of Dermatology and Venereology, Acta Dermato-venereologica Alpina, Pannonica et Adriatica, Dermatology Nursing. She is a member of the "Dermatoses of Pregnancy" European Task Force, European Women's Dermatologic Society, International Dermatoscopy Society, Romanian Association Society of Dermatology, and Romanian South-West Dermatology Association.

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