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Pemphigus vulgaris-Case Study

Ylfete A. Shatri- Muçaj
Dermatovenerolog & Clinical Pharmacolog, Kosovë

It is known that *Pemphigus vulgaris* is a rare and autoimmune. Its etiopatogenesis is still unknown. If not treated well it ends up with fatality. I present this case of study to confirm that by applying local treatment with magisterial preparations, by applying preventive and with systematic treatment to eliminate infections and bacterial, viral and mycotic super infections we help to minimize the risks of side effects of the treatment with corticosteroid and immunosuppressive in the long-term and high dose treatment. This case study has been supervised for 4 years.

Conclusion: The Healthy food, the permanent treatment with vitamin C, B6 and B complex, the time to time treatment with Zinc and Calci and some doses with oral Aciklovir, Fluconazole, Albuminehumani a 20% and antibiotic (Doksicyclin or others by antibiogram, magisterial preparations in various forms) have helped patients to change their treatment. They start the treatment in a very short time with high (usual) doses of Prednisolon (80mg) and Azathioprin (100mg) only in 10 days, and then go down on every 5 days decreasing the doses by 10mg till we achieve on a basic dose of Prednisolon (5-10mg) and Azathioprin 25mg, and sometimes when the patient was stable even in a long term treatment they do not take any doses, and not to forget always with the help of the alternative additional treatment with magisterial preparations and the upper mentioned adjuvances. In this way their live quality and standard raises.

Biography

Ylfete A. Shatri- Muçaj, a clinical dermatovenerology and pharmacology specialist for specialization of clinical pharmacology is one of the first generations for basic specialization in this field in Balkans. She finished post-graduation and specialization studies in the University of Novi Sad. Currently, she works in UCC in Prishtina from 1981; as a specialist of clinical pharmacology she has treated for 4 years patients with chemotherapy near Internal Clinic – Department of Hematology in UCC. She led for many years the laboratory for magisterial preparations in the Center Pharmacy and Dermatovenerology Clinic near CUU in Prishtina. She worked for some years in the Institute of Biochemistry near Diagnostic Center of CUU. Since 2001 she is working as a Clinical Dermatovenerologist and Pharmacologist in KDV and now leads Dermatological polyclinic and laboratory for magisterial preparations for several skin diseases and and aesthetic issues by which she treats patients in the polyclinic "GENTIANA GreLorGen". She participated in many conferences and congresses in region and Europe with several scientific works in the field of clinical Dermatology, Oncology and Pharmacology and also as a lecturer of chemotherapy in the National Congress of Oncologists in Prishtina. She is a member of EADV and Kosovo Association of Dermatovenerologists and Oncologists .

grelorgen@yahoo.com