

Cosmetology during pregnancy and post-partum

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Significant changes occur in the female body during pregnancy and post-partum, some of which profoundly influence the skin, hair, and breasts. In this presentation, I will describe the biological changes in pigmentation, skin elasticity, and hair growth during gestation and post-partum. These would explain the formation of striae gravidarum (pregnancy stretch marks), hyperpigmentation, alteration in normal hair cycle (leading to post-partum hair shedding), etc. Cosmetic changes in the breast (with and without implants) will be discussed. Cosmetic interventions during pregnancy should be altered compared to the non-gravid state. In addition, myths about skin changes and potential treatment should be dispelled.

Biography

Isaac Blickstein has completed his medical education in 1982. He is now Professor of obstetrics and gynecology at the Hebrew University, Jerusalem. He is practicing in the field of Maternal-Fetal Medicine. He published more than 215 papers, 55 chapters and 5 books. He performed research on dysplastic vulvar nevi, melanoma, and on neurofibromatosis during pregnancy.

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