

**Dermatitis herpetiformis
in a female with
ulcerative colitis, case
report and review of
the literature**

Abdelrahim MI

Soba Gastroenterology Research Unit,
Sudan

Although rare, skin disorders are known to complicate ulcerative colitis. We report a middle age Sudanese lady with ulcerative colitis and bullous itchy skin rash affecting almost all her body. Successful diagnosis of dermatitis herpetiformis was made after clinical, immunological and histopathological studies, and the patient has improved after a combination of topical and systemic treatments. This is the ninth reported case with this rather rare association. We conclude that dermatitis herpetiformis should be suspected in a patient with bullous skin lesions and ulcerative colitis. Various aspects of skin complications of inflammatory bowel diseases are reviewed.

Biography

Abdelrahim MI is a young research fellow at the Gastroenterology Unit, Soba University Hospital, University of Khartoum, Sudan. He has a special interest on the clinical and immunological aspects of Inflammatory bowel disease.