

JOINT EVENT

8th International Conference on **Cosmetology & Skin Care**
&
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Abdominal liposculpture (abdominal etching) for male patient with ultrasound energy (vaser)**Huseyin Kandulu**

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In the field of plastic surgery liposuction succeeded in becoming the most frequently performed cosmetic surgery procedure during the last decade in both man and women. First liposuction was described with curettage technique and then dry, wet and superwet techniques performed as suction assisted liposuction (SAL). The first aim with liposuction is removing excess fat and making body smaller. On the otherhand last ten year everything was changed and liposuction techniques are different due to understanding fat anatomy under the skin. In order to get better results all innovative plastic surgeons need more superficial liposuction with less complications, so more dynamic liposuction or liposculpture techniques was essential. When we want to get shaping on the body we have to do more superficial liposuction. Third generation ultrasound energy (Vaser) is giving 36 Khz sound energy per second and it helps to qemulsifying fat without any damage to surrounding tissues. VASER (vibration amplification of sound energy at resonance) has provided liposculpture techniques to the superficial fat layers and this technique is more applicable for "abdominal etching" with less complication. Vaser is currently the gold standart for use in abdominal etching. Vaser Hi - def surgeries provides less complication and more succesfull results. The technique decision depended on the BMI (it must be <28), degree of skin excess, skin elasticity, patient's sportive history. Between December 2010- August 2016, 221 Patient have undergone vaser liposuction. 89 cases were male and 132 Cases were female. In this cases abdominal vaser hi def procedure was performed In the field of cosmetic surgery to 43 Male patient by same surgeon. All patients satisfied with aesthetic results of their Vaser Hi-Def within the time of follow-up. Seroma rates were %8, unsatisfied definition rates were %1 due to patient selection, hematoma rates were %1, skin necrosis did not occurred.

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