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RF vs. lasers for acne scars: How to choose

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Fractional CO₂ and fractional erbium lasers have been the gold standard for pitted acne scars and laser resurfacing. However in darker skin types we do face a lot of problem of Post Inflammatory Hyperpigmentation (PIH) as well as demarcation lines, making the results cosmetically unacceptable by patients. Nanofractional Radio Frequency (NFRF) is a newer revolutionary color blind, fully customizable FDA cleared solution for facial remodeling and resurfacing. By delivering impressive efficacy through combining NFRF and scanner, one can manually control ablation and coagulation for enhanced treatment efficiency. However for very deep scars and resistant cases, we prefer to combine spot CO₂ and diffuse full face radiofrequency treatment. The advantages of NFRF we found were: (1) Much better control and variable parameter, (2) relatively painless, (3) can be used for various other indications like rejuvenation, pigmentation, etc., (4) less downtime and faster recovery and (5) ease to use.

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