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## Clinical efficacy of an exfoliating skincare regime, studied by 3D LifeViz® mini, aesthetics system

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**Background:** Glow and radiance are crucial factors of a healthy skin. However, keratinized tissues that lie on the epidermis daily prevent such growth and cause pores to clog up, diminishing the skin's health as it prevents the absorption of key ingredients present in skincare products.

**Aim:** To introduce an exfoliating skincare regime, consisting of salicylic acid, glycolic acid and citric acid and evaluate the clinical efficacy through a 3D skin analysis.

**Methods:** Volunteers are first analyzed by LifeViz<sup>®</sup> mini which will produce a skincare report based on their current skin's sun damage, redness as well as pore size. After which, volunteers will undergo the regime for a period of 8 weeks before using LifeViz<sup>®</sup> mini to visualize the changes to facial skin.

**Results:** LifeViz<sup>®</sup> mini enabled the observations of the skincare regime, which provided adequate skin analysis to assess the skincare regime. Within the period of 8 weeks, there has been significant reduction in sun damage, skin redness as well as pore size.

**Conclusion:** Further observation will be necessary as a period of 8 weeks is only the first skin cycle; the efficacy of the exfoliating regime may be higher than initial results provided.

## **Biography**

Frederick Wong is the Co-Founder and Business Manager for Mienology Cosmeceuticals Asia branch. He holds a BSc degree in Software Engineering and wishes to combine his expertise in information technology with his knowledge in business. Though he is new to the skincare industry, he seeks to fuel his knowledge through conventions in order to achieve higher standards and to understand the market further with various field professionals.

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