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Treatments and trends in cosmetic dentistry

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While traditional dentistry focuses on oral hygiene and preventing, diagnosing and treating oral disease, cosmetic dentistry focuses on improving the appearance of the teeth, mouth and smile. In other words restorative, general and/or family dental practices address dental problems that require necessary treatment, whereas cosmetic dentistry provides elective or desired treatments or services. Technological advancements in natural-looking, tooth-colored dental materials make today's cosmetic dental treatments more durable and predictable than in years past. Additionally, dentists are now using more conservative techniques to preserve as much of your natural tooth structure as possible, depending upon specific clinical situation. Increased interest in cosmetic dentistry continues to spark profound interest in procedures such as laser whitening, computerized smile analysis and straightening. This makes procedures such as smile makeovers more comfortable and convenient for patients, as well as helps to reduce recovery time.

Biography

Sufiyan M K has completed his Bachelor of Dental Surgery in 2011 and Post-graduation in 2015 from Rajiv Gandhi University of Health Sciences, Bengaluru, India. He also has a Fellowship in General Education from Manipal University, India. He has special interest in Dental Cosmetology and Dental Implants. Currently he is working as Prosthodontist and Implantologist in Kidzsmile Dental Lounge Dental Clinic, Kuwait. He has many publications in reputed national and international journals. He is also in Editorial Board and Reviewer of various journals.

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