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Various dermatosurgical interventions in stable vitiligo

It has been reported that the profound psychological effect results in a significant number of subjects under-achieving their potential. Due to the psychosocial milieu of the developing countries being different from that of the developed countries, the stigma associated with vitiligo is possibly more severe in colored races living in most of the developing world. Since the time of Hippocrates (480-377 BC), medicine and surgery were complementary and physicians viewed surgery as a necessary form of treatment in some circumstances, as illustrated in this quotation: What drugs fail to cure that the knife cures, what the knife cures not, that the fire cures; but what the fire fails to cure, this disease must be called incurable. Therefore, surgical modalities have evolved as an option in managing stable vitiligo patients with incomplete repigmentation and those with vitiligo refractory to medical treatment. The period of stability is considered by various dermatologists who have varied from a period of 3 months to 3 years. Various dermatosurgical techniques will be discussed in this presentation performed in day to day dermatosurgical practices such as (1) Punch grafting, (2) Autologous epidermal grafting, (3) Suction blister epidermal grafting and (4) Vitiligo Tattooing.

Biography

Anil Kumar Jha is the first Professor of Dermatology in Nepal with 24 years of experience in the field. He is the Founder Chairman of DI Skin Health and Referral Center and Community Health and Education Services by Telehealth. He has been awarded with many national and international awards like T U Teaching Hospital IOM Admirable Performance Award 1999, Suprawal Gorkha Dakchhin Bahu Award 1999-2000, Birendra Aiswriya Sewa Padak 2001-2002, Fellowship of the Royal College of Physicians (FRCP) 2013, Edinburgh, London, etc. He has more than 35 international and national articles. He is the Member of International Society of Dermatology, Founder Secretary General and Former President of South Asian Regional Association of Dermatologists, Venereologists and Leprologists, etc. Currently he is the Professor and Chief at the Department of Dermatology, Nepal Medical College, Kathmandu, Nepal.

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