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Atopic dermatitis: Management in early childhood

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Atopic dermatitis (AD) is a chronic inflammatory itchy disease which usually begins during the first months of life. The classical infantile AD is characterized by exudative lesions, mainly involving the scalp, the face and the extensor surfaces of the extremities. However, the infants may present as erythroderma, which should exclude other differential diagnoses. In the management, we have to consider the high ratio of body surface to body weight, which is associated with high absorption of topically applied drugs. Management should include avoidance of trigger factors and the education of the parents. Finally, primary prevention measurement of AD should be considered, that have recently changed.

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