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Spontaneous resolution of lipedematous scalp after 13 years

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A 69-year-old southern Arabic female presented to our dermatology clinic at King Fahd Hospital of the University as a follow-up case of lipedematous scalp diagnosed in our clinic in 2003. She is a known case of supraventricular tachycardia and hypercholestermia well controlled with medication. Besides, the patient's scalp condition was last evaluated four years prior to her current visit in our clinic with no significant change. Interestingly, on examination of the scalp, there was absence of the spongy feeling on palpation and there was no loss of hair. Routine blood tests were normal. Axial computed tomography of the skull showed scalp thickness in the high occipitoparietal region of 8 mm as compared to 21.1 mm in 2003, while mid sagittal reconstructed computed tomography showed a scalp thickness at the high occipitoparietal region of 9 mm as compared to 16.9 mm in 2003. Subcutaneous fat thickness was almost 6 mm at the occipitoparietal region which is normal compared to 19.2 mm reported in 2003 in the same region. Hence, we confirmed our impression of spontaneous complete resolution of lipedematous scalp after 13 years duration.

Biography

Iqbal Bukhari is a Professor and Consultant Dermatologist with more than 29 years of experience in many dermatological diseases and their management. His special interests are in laser therapy, phototherapy, dermatopathology, cosmetic dermatology and study of genetic diseases. Has many publications in various international medical journals. He has a certification of added qualification in Cosmetic and Laser Procedures, 2013; King Faisal Fellowship in Dermatological Diseases, College of Medicine, King Faisal University, Dammam, Saudi Arabia, 1994; MBBS, King Faisal University, Dammam, Saudi Arabia, 1989; certificate in Alternative Medicine Therapy from Wagner College in USA, 2004 and certificate in Acupuncture Therapy from Flamel College in USA, 2004.

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