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## Rapid cure from skin warts by ultradiluted homeopathic medicines

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In general, about 7–12% human beings are suffering from skin warts following human papilloma virus infections. Besides *Verruca vulgaris*, the commonest type of wart, planter and flat warts are also not uncommon. The natural cure of warts usually takes about 1–2 yrs time, during which the affected person suffers from cosmetic disfigurement which is most often associated with pain and during this long period it remains as a potent source of transmission to others. Thus, it is important to get rid of this disease as soon as possible. In this study, 200 patients suffering from different types of skin warts were treated with ultradiluted homeopathic medicines without any known side effects in human beings, to see whether this treatment can ameliorate the disease earlier. Following proper counseling as per institutional ethical committee guidelines, all demographic evidences of the patients were recorded along with history, wart type, and other clinical findings. Three homeopathic medicines (*Thuja oc. 1000*, *Dulcammara 100* and *Nat. Mur 1000*) were used in this study which were administered orally. Homeopathic medicine “*Thuja*” was given highly proliferated warts; “*Nat. Mur.*” was given in palm and sole warts, while “*Dulcammara*” was given in other types. After treatment with these medicines, in 88% cases remission started within a month and within three months all these patients were cured from warts. In 12 patients, remission was delayed and the remaining 12 cases discontinued treatment. Thus, the results of this study were very encouraging. It not only gave immense relief to the suffering humanity but it also prevents the spread of the disease. As some warts were precancerous lesions it also gave protection from developing malignant transformation of the warts.

### Biography

Swami Shraddhamayananda is the Monk in Charge of the Medical Unit at Belur Math, Ramakrishna Mission, Belur, Howrah, West Bengal, India. He is now engaged in the study of alternative medicines particularly the homeopathic medicines on different skin diseases and he is now running a separate clinic for this purpose which is at present attended by hundreds of patients daily. He has published 12 papers on various skin diseases in peer reviewed journals and published a book on vitiligo which has been translated in more than 10 different languages.

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