

# 13<sup>th</sup> Global Dermatologists Congress

July 23- 24, 2018 | Moscow, Russia

## Double Eyelid Procedure: Orbicularis-Levator Fixation Technique

**Adolfo Napoléz**

Southern Illinois University School of Medicine, USA

Asian eyelids have several characteristics that distinguish them from the eyelids of people from European and African descent. These include: 1) low, poorly defined or absent lid creases, 2) pronounced fullness to the upper and lower lids, 3) narrow palpebral fissures and 4) epicanthal folds. The extent to which these anatomic variants are present, determines the height and prominence or absence altogether of the upper lid crease in the Asian eyelid. Asian blepharoplasty is the most common Cosmetic Surgery procedure done in the Far East, with many variants noted. The discussion will include the patient selection, preparation, anesthesia, and surgical technique utilized in the operation for the creation of the double eyelid in the patient.

### Biography

Adolfo Napoléz M.D. graduated from Southern Illinois University School of Medicine followed by a General Surgery Residency at West Penn Hospital in Pittsburgh, Pennsylvania, and followed that up with a Burn Surgery Chief Residency at Cook County Hospital in Chicago, Illinois and finally a two year Fellowship in General Cosmetic Surgery, highlighting Asian Cosmetic Surgery. He is a member of the American Academy of Cosmetic Surgery, American Society of Cosmetic Breast Surgery, as well as a member of the California Academy of Cosmetic Surgery. Dr. Napoléz has published articles in 5 different Medical Journals, as well as a chapter Author in a textbook on Asian Facial Cosmetic Surgery. He has twice been selected as one of America's Top Surgeons in Cosmetic Surgery, as well as a Top Doctor in Plastic Surgery Practice Magazine.

anapolez@yahoo.com