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A novice treatment for body aesthetic: Hyperthermic diode laser for skin rejuvenation on top of fat reduction

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Non-invasive fat reduction therapy has been well accepted due to its efficacy, lesser complication and downtime as compared to surgical method of fat reduction. The 1060 nm diode laser delivers heat at 42-47 °C which destroy the cell membrane integrity of the adipocyte, causing an inflammatory process. 1064 nm is highly absorbable by the subcutaneous fatty layer but minimally absorbed by the dermis, thus the surrounding tissues are not damaged. Visible results of fat reduction and skin tightening are seen as early as 2 months after one treatment and unwanted side effects are minimal. It is also highly acceptable by patients taking into account on the comfort level and treatment duration.

Biography

Yeow Hui Qian has obtained her Medical degree in Volgograd State Medical University, Russia. She has completed her training in Hospital Sultan Abdul Halim, Kedah before becoming a Medical Officer in Surgery and Psychiatry Department. Prior to joining Clique Clinic, she secured a Master of Science (MSc) degree in Medical Aesthetics, Anti-aging and Regenerative Medicine at UCSI University. With her creditable interpersonal skills, she is good at connecting with patients to understand their needs and delivering her best advice and treatments to her patients. Her interests include laser medicine, facial and body aesthetics.

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