

6th International Conference on COSMETOLOGY, TRICHOLOGY AND AESTHETIC PRACTICES

April 13-14, 2017 Dubai, UAE

Pearls and pitfalls in the Middle Eastern aesthetic rhinoplasty

Mohsen Naraghi

Tehran University, Iran

The objectives of the present study are to: 1) Know the anatomic characteristics of the Middle Eastern noses, 2) Identify risk factors and pitfalls in Middle Eastern rhinoplasty, and 3) Select the best technique for each type of Middle Eastern nose. There are many factors in the nose structure that make Middle Eastern rhinoplasty as a difficult rhinoplasty procedure. Heavy, thick skin and weak cartilage support are the important parameters in the noses of this region of the world. These factors make noses to show characteristics including: Wide and large nose, long nose, drooping nose, acute nose-lip angle, deep nasal root angle and prominent arching nose. This is very important for surgeons to avoid making unnatural looks and negative influences of the operated appearance of the nose on other parts of the face. The principle of structural augmentation and making support, especially in the base of the nose is of great importance to avoid complications in the Middle Eastern noses. Indeed most patients with Middle East noses have deficiency in structural support. By the exact evaluation and facial analysis, it will be revealed that many humps are not totally excessive, and some part of the hump is evident because of the deficiency in the root and base of the nose. The false effect of inadequate projection of the nasal base is a common cause of surgical mistakes in the Middle East noses. It could be prevented by starting the correction of the nose from the base and continuing to the upper parts of the nose. In this presentation, several other important mistakes in surgery of the Middle Eastern noses will be addressed, including caudal septum, upper lateral cartilage and alar base.

Biography

Mohsen Naraghi is a double-board certified Facial Plastic and Reconstructive Surgeon who was the winner of the International Award of the American Rhinologic Society (ARS) in 2005. He was also granted the International Award for Excellence in Medical Sciences in the innovation in Clinical Medicine during 2011. He was awarded the American Academy of Otolaryngology—Head and Neck Surgery Honor Award in recognition of his distinguished service on committees, scientific programs, continuing education courses and instruction courses to the Academy in 2015. He was also awarded Committee Excellence Award for his distinguished services on the humanitarian efforts committee of the American Academy of Otolaryngology—Head and Neck Surgery in 2016. Being an active member of both the American Academy of Facial Plastic Reconstructive Surgery and the American Academy of Cosmetic Surgery, he is also a fellow of the American Rhinology Society. He is the author of more than 300 articles and chapters in Rhinology and Facial Plastic Surgery including a two-volume comprehensive rhinology university textbook. His other title "*Facial Plastic Surgery*" was awarded as the country's best academic book of the year in 2007.

info@naraghi.ir

Notes: