

6th International Conference on COSMETOLOGY, TRICHOLOGY AND AESTHETIC PRACTICES

April 13-14, 2017 Dubai, UAE

Girls new trophy and mammy's new breasts

Jasmina Gjorgievska, Smilja Tudzarova Gjorgova, Sofija Pejкова, Maja Gjorgievska Ristova and Tomislav Jovanovski
Saints Cyril and Methodius University of Skopje, Macedonia

Aesthetic breast surgery is a major step for most women and often a positive one. The breast is an important attributes of female beauty, a symbol of attractiveness and desire. Breast enlargements and breast lift help women who consider their breasts to be either too small or lacking fullness, or too full to achieve their desired shape and size, who want to make them appear firmer and more youthful. At the University Clinic of Plastic and Reconstructive Surgery Department, Skopje, Macedonia in 3 years period there were 165 women who had gone through breast surgery. We performed 95 augmentations, 37 mastopexy augmentations, 33 reduction mastopexy. The age of the patient for surgery varied from 18-57 years. The surgery technique used was: The donut, Benelli or circumareolar incisions in 14 patients; lollipop or vertical incisions for 8 patients, the anchor technique for 48 patients, and inflammatory incision for 95 patients (augmentation). The average patient age was 30 years. The average implant volume was 300 cc. On a 10-point scale, the women reported an average pain score during recovery of 6. Around 95% of women stated improved self-esteem. Almost all patients reported that the results met their expectations. Studies have shown that aesthetic breast surgery can help boost self-esteem, body image and sexual satisfaction.

Biography

Jasmina Gjorgievska is Plastic Reconstructive and Aesthetic Surgeon at Medical faculty in the University Hospital of Saints Cyril and Methodius. She is a member of Balkan Association of Plastic, Reconstructive and Aesthetic Surgery (BAPRAS), and European Society of Plastic, Reconstructive and Aesthetic Surgery (ESPRAS). She participated as a Speaker at a workshop on "Body Sculpturing and Countering, Patient Safety".

dr_jasmina@yahoo.com

Notes: