**International Conference on** 

## **DIABETES AND DIABETIC NURSING CARE**

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## The evolving mindset of the patient with diabetes

As the mindset of the patient with diabetes evolves, so too must the approach of the doctor, educator, and caregiver, if they want to achieve and maintain high levels of effectiveness in their patient's treatment outcomes, and have a positive impact on the population that has diabetes. This keynote presentation will give real world examples and immediately actionable takeaways focusing on the patient with diabetes in these areas: The role of peer support, the role of community, the power of language, the team building mindset, the goals of the patient with diabetes, and the powerful role of the doctor. There are many factors that go into the diagnosis of a patient with diabetes such as age at diagnosis, family support, type of diabetes, and current treatment options. This presentation provides a framework, the 6 Pillars of Total Health, to make it simpler for the caregiver to make recommendations on improvement beyond the doctor's office, as well as give researchers and educators a holistic lens to view the influence of their work and teachings.

## **Biography**

Daniele Hargenrader is the founder of Diabetes Dominator Coaching and bestselling Author of Unleash Your Inner Diabetes Dominator. She was diagnosed with type 1 diabetes at the age of 9, and lost her father to heart disease 3 years later. After battling for over 6 years with a binge eating addiction, obesity, clinical depression, and out of control blood sugars, she has taken herself from obese and suffering with diabetes, to joyful, grateful and healthy with diabetes. She is an International Speaker, has presented at Fortune 500 companies, top ranked hospitals, diabetes camps and retreats, and has dedicated herself to teaching people how to think, eat, and move to ultimately live the happy, healthy life they desire through the powers of choice, self-love, and community.

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