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Patient and family caregiver related barriers to effective cancer pain control

Cancer is a worldwide health problem. In Jordan, cancer is the second leading cause of death. Approximately 2000 people die from cancer every year, 70% of them experiencing varying high levels of pain due to ineffective pain relief. This study aims to identify the attitudinal barriers to effective cancer pain relief in patients and their family caregivers in Jordan. A cross-sectional questionnaire survey was used. A convenience sample of 300 cancer patients and 246 family caregivers were recruited from 4 different Jordanian hospitals between August 2009 and May 2010. Patients completed the Arabic version of the Barriers Questionnaire II (ABQ-II), the Arabic Brief Pain Inventory (A-BPI) and a demographic questionnaire. Family caregivers completed the ABQ-II and a demographic questionnaire. The A-BPI results identified that over 70% of cancer patients in localized stage and over 90% of the patients with advanced cancer experienced substantial pain. Four major barriers to pain control were highlighted: fears related to addiction, side-effects, communication concerns and fatalistic beliefs. This study contributes to provide baseline information about the barriers to effective cancer pain control in Jordan.

Biography

It has been more than Teen years since Mr. Ahmed Ayoub have become an official healthcare provider. He finished his Bachelor's Degree from Philadelphia University in Jordan 2009. Eventually he proceeds to Study Master's in Oncology Nursing from Hashemite University in 2013. He has an impressive work experience as a Senior Charge Nurse at King Hussein Cancer Center, Jordan in Medical/Surgical/VIP/OPD. He is currently working now in Al Dhafra Hospitals (Madinat Zayed Hospital) / SEHA United Arab Emirates as Outpatient Staff Nurse for more than three years. Mr. Ahmed Ayoub is a Champion of Nursing Research in Al Dhafra Hospitals and follows up around 9 hospitals. He has published 4 papers entitled: Do Not Resuscitate: An Argumentative Essay, Distributed in Ethics eJournal Vol 6, Issue 81, May 14, 2013 . Consent Form Analysis, Distributed in Health Care Law & Policy eJournal Vol 5, Issue 20, April 08, 2013. The Effectiveness of Initial Assessment on Pressure Ulcer Prevention among Adult Jordanian Cancer Patients, Under Review. Assessment of Nurse's Knowledge about Glasgow Coma Scale at Al Dhafra Hospitals, Abu Dhabi, United Arab Emirates. Journal of Clinical Review & Case Reports Vol3, Issue7, 01 Sep 2018.

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