

MIDDLE EAST PHARMACY AND PHARMACEUTICAL CONFERENCE

September 24-25, 2018 Abu Dhabi, UAE

Update in Vitamin D and breastfed infants, are supplement is needed?

Royida Al Marastani

SEHA / Ambulatory Healthcare Services (AHS), UAE

Breastfeeding has a fundamental positive impact on the short, medium and long-term health of children and has an important and lasting impact on women's health. However, concerns are being raised about the low level of vitamin D in breastmilk. Vitamin D deficiency is unusual in babies born at term to mothers with adequate vitamin D status. The American Academy of Pediatrics has recommended that breastfed infants receive vitamin D (200 IU/day) from 2 months of age; this recommendation recently increased to 400 IU/day from birth. In the other hand UNICEF UK Baby Friendly Initiative, The National Institute for Health and Clinical Excellence (NICE) focused on prevention and / or correction of vitamin D during pregnancy. A next step should be prioritized to build a baby friendly program for healthy babies. The aim is to answer a query relating to supplementation of vitamin D for babies that are breastfeeding.

Biography

Senior Pharmacist with more than thirty years of experience in the UAE in Abu Dhabi in Primary Health Centers (PHC), Urgent Care Center (UCC), Ambulatory Health Services (AHS) and MSc in Clinical Pharmacy UK. A lecturer from 2003 in Ministry of Health (MOH), in CPE/CME pharmacist's program from 2011 in SEHA/ Ambulatory Healthcare Services (AHS). Conducting research, conference abstracts, invited presentations in the national & international conferences, focusing on pharmaceutical care based on safety and efficacy of the medications.

Notes: