

The Future of Dentistry Artificial Intelligence Biotechnology and Tele-Dentistry

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DESCRIPTION

Dental science, a specialized field of healthcare, focuses on diagnosing, preventing and treating diseases and conditions of the oral cavity. It includes a variety of disciplines, including general dentistry, orthodontics, periodontics, prosthodontics and oral surgery. This branch of medicine plays an important role in maintaining overall health, as oral health is intrinsically linked to the well-being of the entire body.

Modern dental science has witnessed remarkable advancements in technology and techniques. The introduction of dental X-rays, for instance, revolutionized diagnostics by allowing practitioners to view the internal structure of teeth and surrounding tissues. Similarly, the development of dental implants has provided a durable and aesthetic solution for missing teeth.

Digital dentistry, covers Computer-Aided Design (CAD) and Computer-Aided Manufacturing (CAM), has further transformed the field. These technologies enable the creation of highly precise dental prosthetics, such as crowns and bridges. Additionally, 3D printing is now used to produce custom aligners, surgical guides and even artificial teeth.

Another significant advancement is the use of laser technology. Lasers are employed in procedures ranging from gum changing to cavity treatment, offering patients a minimally excessive and virtually painless experience. Furthermore, advancements in biomaterials have led to the development of composites and ceramics that mimic the natural appearance of teeth while providing superior durability.

Preventive dentistry emphasizes maintaining oral health to prevent diseases and complications. Regular dental checkups, professional cleanings and patient education are fundamental aspects of this approach. Brushing, flossing and the use of fluoride toothpaste are simple yet effective practices that prevent cavities and gum diseases.

Sealants and fluoride treatments are commonly used preventive measures for children, protecting their teeth during formative years. For adults, regular screenings for oral cancer and periodontal disease are essential components of preventive care.

Research has increasingly highlighted the connection between oral health and systemic health. Conditions such as diabetes, cardiovascular diseases and even alzheimer's have been linked to poor oral hygiene. For instance, periodontitis, a severe gum disease, can deepen systemic inflammation and contribute to heart disease.

Conversely, systemic conditions often manifest symptoms in the oral cavity. For example, vitamin deficiencies can lead to gum problems, while certain medications may cause dry mouth, increasing the risk of cavities. Thus, dental professionals play an important role in identifying underlying health issues through oral examinations.

Despite its advancements, dental science faces several challenges. Access to dental care remains a significant issue, particularly in low-income and rural communities. High treatment costs and a shortage of dental professionals stimulate this problem. Moreover, there is a pressing need to address oral health disparities among different socio-economic groups.

The global prevalence of dental caries and gum diseases underscores the importance of public health initiatives. Educational campaigns promoting oral hygiene, coupled with government policies to subsidize dental care, can help bridge the gap.

Tele-dentistry is another emerging trend, enabling remote consultations and expanding access to care. As technology continues to advance, dental science will likely become even more patient-centered, emphasizing comfort, efficiency and personalized care.

CONCLUSION

Dental science is an indispensable component of healthcare, with a deep impact on quality of life. From its ancient roots to modern innovations, this field has continually evolved to address the diverse needs of patients. By integrating innovative technology with preventive strategies, dental science not only enhances oral health but also contributes significantly to overall well-being. As challenges are met with innovative solutions, the future of dental science looks brighter than ever.

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