

# Integrated Approach to Health Care Delivery: The New Healthcare

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Integrated health care system[1] is a patient focus approach and not practitioners focused. This system delivers efficiency and effectiveness health care by reducing cost and improving quality of care. Integrated delivery system (IDS) is an interconnected framework of various healthcare facilities prospective of high hold companies. IDSs assigns incentives and higher better resources than compared to other highly provided delivery network in prospective of cost expenses.

The main objective[1] of the IDS is to improve the quality of health care services in a reasonable cost meeting all the financial constraints. In the time of financial consequences, people of Middle East countries depended on means and network to decrease the expenditure. Situations made government to lead the healthcare delivery system to maintain healthcare expenditure. As per development, lots of developments in healthcare sector expanding day by day but the least concern from different countries because of high expenses criteria.

In 2015, U.S. health department spent almost 17.5 percent of the GNP to reach \$3.2 trillion, or \$9,990 per individual [1]. In the Center East, Saudi Arabia 6.6 percent, UAE 3.6 percent, Bahrain 5 percent, Egypt 5.6 percent, Jordan 7.5 percent, Lebanon 12.6 percent and Bahrain 5 percent [2]. This shows the human services increment is a difficult issue that should be tended to and ought to be given most extreme consideration [1,2].

One of the main reason behind the expansion of medicinal services other than the costly advancements is the absence of optimal usage of their resources. This is true particularly if the medicinal services is given by the government and for the major part given to allowed to all patients as in some different nations across the world. All hospitals are keen on securing the most current innovation, yet they don't have the population to completely use the services they are getting.

Basically, the usage of new innovation [3] for example X-ray has expanded essentially of late. In US, the cost of MRI expanded somewhere in the range of 2000 and 2005 from 6.6 Billion to 13.7 Billion an issue that was not reasonable by the medicinal services office [4]. This only one model which prompts increment the cost of social insurance that is the utilization of superfluous tests that can be accomplished with a less expensive innovation. Drug recommending is another model, where progressively costly prescriptions are recommended where less expensive more established drugs can accomplish the work, be that as it may,

because of the pharmaceutical organizations and their impact on the doctors to utilize increasingly costly drugs. This moreover applied to other clinical disposables and different services that the human services office provides.

"Integrated healthcare system" can refers to multiple reasons in services acceptance criteria [4]—a scope of services for a catchment population is provided at one area and under one manager. The particular 'state' of incorporated services at essential, auxiliary and tertiary degrees of care will positively appear to be unique in light of the fact that the various levels have various capacities and staffing designs. Models are multi-purpose facilities, multipurpose effort visits and a medical clinic with the services of every one of its services united under one Board and one Chief Executive. An element of this type of incorporation from the client's point of view is the chance to get composed consideration, instead of having separate visits for discrete mediations.

Integration can likewise refer to the vertical combination of various degrees of services- for instance, region clinics, health focuses and health posts. In this type of coordinated health services, a general chief is accountable for a system of offices and individual and non-individual health services - for instance, a District or on the other hand Provincial Medical Officer of Health[5,7], whose regulates crafted by the administrators of person offices. In a perfect world, s/he ought to have the option to transcend everyday concerns and take a key outline of issues, for example, which services ought to be given at which level(s) of the framework. From the customers' point of view, a key component of this kind of incorporated health services is well-working strategies for referrals here and there the degrees of the framework, and among open and private suppliers. Key issues are: what services ought to be given where, and how to guarantee that customers are proficiently preferred.



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## PERSPECTIVES SHAPING INTEGRATED CARE:

### Models of Integration[3,5]:

#### Model 1

An IDS or multispecialty bunch practice (MSGP) with a health plan, which is both supplier and payer. This model includes doctors in strategic planning. Its points of interest incorporate upgraded assortment and joining of information, use survey, and cost control limit. Duplication of services is significantly limited. Kaiser Permanente follows this model by serving just individuals in its health plan [8].

#### Model 2

An IDS or MSGP single-substance conveyance framework that doesn't claim a health plan. The Mayo Clinic is the world's most established and biggest coordinated MSGP, and HealthCare Partners Medical Group is a not-for-profit sorted out conveyance framework [8].

#### Model 3

Includes private network of free suppliers that share furthermore, arrange services. Like the initial two models, these network incorporate foundation services (for example execution improvement and care the executives). Other joining structures under Model 3 incorporate the accompanying [8]:

- Doctor medical clinic associations
- The board administration associations
- Bunch rehearses without dividers
- Singular practice affiliations

#### Model 4

Incorporate government-encouraged network of free suppliers on both the area and neighborhood levels. Governments take an dynamic job in sorting out autonomous suppliers, typically to make a conveyance framework for the recipients. Network Care of different nations, an open private organization, is a case of this model [3,7].

### BENEFITS OF IDS[6]:

- Improved Efficiency – IDS dispenses with medicinal services waste and repetition, taking into consideration better cost control and upgrade the nature of care.
- Incorporated Systems – programs give medical clinic frameworks a lot all the more checking and implementation

instruments. Since the board authority will set the guidelines of care and screen the advancement of the program.

- Payer Partnerships – As IDS improves the nature of patient care and clinical procedures and decreases costs, emergency clinics are ready to accomplish better notoriety and it will function as promoting apparatuses for them.
- Incorporated Continuum of Care – IDS is collaboration among human services suppliers attempting to guarantee patients get the privilege care at the opportune time in the correct setting.
- Improved Health of the Community – IDS will bring about extraordinary improvement in the network wellbeing and will produce more trust in the medicinal services framework and the suppliers.

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