

PARAS GOEL, PT, DPT, MED, GCS, DNHE, DYSc, CEEAA, CSRS

BOARD-CERTIFIED GERIATRIC CLINICAL SPECIALIST

APTA CREDENTIALLED CLINICAL INSTRUCTOR

NDT-TRAINED & PWR!MOVES THERAPIST

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[Active PT Licenses: California, Maryland, Nevada](#)

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ACADEMIC BACKGROUND

Education Completed:

Texas Tech University Health Sciences Center | Lubbock, TX, USA

Post Professional Doctor of Physical Therapy | January 2015 – May 2019

Auburn University | Auburn, AL, USA

Master of Education in Exercise Science | August 2013

Indira Gandhi National Open University | New Delhi, India

Diploma in Nutrition & Health Education | December 2012

Morarji Desai National Institute of Yoga | New Delhi, India

PG Diploma in Yoga Science | August 2011

Guru Gobind Singh Indraprastha University | New Delhi, India

Bachelor of Physical Therapy | March 2010

ACADEMIC APPOINTMENTS

Auburn University Student Athlete Support Services | Auburn, AL

Academic Tutor for Exercise Science courses | August 2013 – April 2014

Auburn University Department of Kinesiology | Auburn, AL

Graduate Teaching Assistant | August 2012 – August 2013

Auburn University Warrior Research Center | Auburn, AL

Graduate Research Assistant | August 2012 – August 2013

HONORS & AWARDS

Morarji Desai National Institute of Yoga Merit Scholarship	2011
Banarsidas Chandiwala Institute of Physiotherapy Merit Certificate	2006 - 2008
National Institute of Open Schooling Distinction Certificate	2009

PROFESSIONAL LICENSES & CERTIFICATIONS

Member of American Physical Therapy Association (APTA) 2014 - Present
Academy of Geriatric Physical Therapy (APTA) 2014 - Present Member of
Neurology Section (APTA) 2014 - Present
Section on Health Policy & Administration Member (APTA)
Nevada Physical Therapy Association (NVPTA) 2014 – Present
American College of Healthcare Executives
American College of Sports Medicine
American Congress of Rehabilitation Medicine
The Gerontological Society of America
The Beryl Institute (Patient experience)
American Association of Diabetes Educators
American Heart Association
Indian Association of Physiotherapists, L – 33689 (Life Member)
APTA Credentialed Clinical Instructor 2016
Board Certified Geriatric Clinical Specialist (GCS)
Certified Yoga Instructor
Certified Diabetes Educator, International Diabetes Federation
Certified Stroke Rehabilitation Specialist (CSRS) 2015 - Present
Certified PWR!Moves Therapist 2018 - Present
Certified Exercise Expert for Aging Adults (CEEAA)
Psychological Assessment in Competence Building
Certification Disaster Management Certification
Magnetic Resonance Imaging Safety Certification, Level 1
Magnetic Resonance Imaging Safety Certification, Level 2
Nonviolent Crisis Intervention Program (CPI training)

RESEARCH & PUBLICATIONS

Dyke, F., Godwin, M.M., **Goel, P.**, Rehm, J., Reitschel, J.C., Hunt, C.A., & Miller, M.W. (2014). Cerebral cortical activity associated with nonexperts' best psychomotor performance performances. *Human Movement Sciences*.

Dyke, F., Godwin, M.M., **Goel, P.**, Rehm, J., Reitschel, J.C., Hunt, C.A., & Miller, M.W. (2013). Advice for casual athlete mind: Brain activity associated with nonexperts' best golfers' putts. *Poster presented at San Diego Society for Neuroscience conference*.

Data analysis using TGMD tool for the Motor behavior lab under Dr. Rudisill

Dart-fish analysis for load carriage project under Dr. Robinson at Auburn University

Loachapoka Summer Enrichment program 2013 data collection at Auburn University

Data collection for effects of prolonged sitting in black hawk helicopter chair at Auburn University

The effect of ankle dorsiflexion on the range of straight leg raising in patients with low back pain (project for clinical internship)

To measure the performance of the trunk endurance and hip strength clinical tests in Indian collegiate athlete (thesis for undergraduate program)

Subject Matter Expert (Gait & Ambulation) - Technology Innovation Committee HealthSouth Corporation (South-West region)

Stroke Education Program - HealthSouth Rehabilitation Hospital of Las Vegas

Subject Matter Expert (Examination process) – National Physical Therapy Examination (Federation of State Boards of Physical Therapy)

TEACHING EXPERIENCE

Auburn University | Auburn, AL

Medical Terminology for the Allied Health Care Professional

Fall 2012, Spring 2013

CLINICAL EXPERIENCE

21st Century Home Health | Burlingame, CA

Physical Therapist | Feb 2020 - Present

Ability Works Rehab | San Diego, CA

Physical Therapist | June 2019 – Jan 2020

Encompass Rehabilitation Hospital of Las Vegas | Las Vegas, NV

Physical Therapist | November 2015 - April 2019 (HealthSouth)

Yorktown Nursing Home & Rehabilitation Center | Yorktown, TX

Physical Therapist | August 2015 – November 2015

HealthSouth Rehabilitation Hospital of Las Vegas | Las Vegas, NV

Physical Therapist | August 2014 – July 2015

Brenham State Supported Living Center | Brenham, TX

Physical Therapist | April 2014 – July 2014

East Alabama Medical Center | Auburn, AL

Physical Therapy Clinical Volunteer | December 2012 – February 2013

Orthocare Physiotherapy Clinic | Delhi, India
Consultant Wellness | October 2011 – July 2012

Orthocare Physiotherapy Clinic | Delhi, India
Physical Therapist | April 2010 - July 2012

Sir Ganga ram Hospital | Delhi, India
Physical Therapy Intern | September 2009 – March 2010

Special schools, NGOs', Children homes | Delhi,
India *Physical Therapy Affiliations* | 2007 – 2009

Orthocare Physiotherapy Clinic | Delhi, India
Physical Therapy Assistant | November 2007 – October 2008

COMMUNITY OUTREACH ACTIVITIES

California State Advocate (APTA)	February 2020 - Present
Clinical Instructor PIMA Institute	November 2016, 2018
Clinical Instructor Touro University	March 2017 – May 2017
Clinical Instructor University of Nevada Las Vegas	2019
Yoga camp for school children	August 2011
Sewa Prkalp Mahila Mandal Trust, Exercise & Health Educator	June 2009 - July 2010
Directorate of Family Welfare, Delhi, Polio eradication Army	1998 – 1999