### Curriculum Vitae

**Vinita Gupta**

**MBBS, MS, MRCOphth, FRCS, MNAMS, FRCOphth**

**PERSONAL DETAILS**

**Date of Birth** 30th Jan, 1973

**Address**  908, Sector-17, Faridabad,

Haryana

**Phone** +919997342235, +919811332235

**E-mail** drvinitagupta@hotmail.com

**Medical Council Registration 14404(Medical Council of India)**

**QUALIFICATIONS**

**FRCOphth** Dec 2019

Fellowship of Royal College of Ophthalmologists, London**,** UK

**MNAMS** Nov 2017

Membership of National Academy of Medical Sciences, New Delhi, India

**FRCS** Feb 2015

Fellowship of the Royal College of Physicians and Surgeons, Glasgow**,** UK

**MRCOphth part 2** Nov 2007

Membership of Royal College of Ophthalmologists, London**,** UK

**International Council of Ophthalmology, Cambridge**

Basic Sciences Assessme**nt** Apr 2001

**MS (Ophthalmology)** May 2000

Guru Nanak Eye Centre, University of Delhi, New Delhi, India

**MBBS** Dec 1994

Lady Hardinge Medical College, University of Delhi, New Delhi, India

**CURRENT APPOINTMENT**

**Consultant (Additional Professor) in Ophthalmology (April 2013 to present)**

All India Institute of Medical Sciences, Rishikesh, India

Sub-specialities: Pediatric Ophthalmology, Glaucoma

Remit: Primary Care Ophthalmology; General Ophthalmology

Pediatric Cataract Surgery, Squint and Ocular Motility Disorders;

Glaucoma clinics and surgery;

Cataract Surgery

**PREVIOUS APPOINTMENTS**

**Consultant (Research) in Ophthalmology (January 2012 to April, 2013)**

Cantonment General Hospital, Delhi Cantt, New Delhi, India

* I was entrusted with the task of planning, setting up and running the Ophthalmology Department of the hospital, which was recently upgraded to a speciality hospital in New Delhi Cantonment area. The department I helped setup is now fully functional and seeing a steady rise in the number of outpatient appointments and surgical procedures.
* My clinical practice included primary care ophthalmology, glaucoma medical management and lasers and medical retina.

**Consultant Ophthalmic Surgeon (February 2008 to December 2011)**

Insight Eye Clinic, New Delhi, India

* Performing anterior segment surgeries including cataract, glaucoma, and squint, and managing pediatric ophthalmology and squint clinic as the head.
* My clinical practice included primary care ophthalmology, cataract surgery, squint surgery.

**Consultant in Ophthalmology (Adjunct Teaching Faculty and Research) (December 2003 to January 2008)**

Centre for Sight, Delhi and Faridabad, India

* My clinical practice included primary care ophthalmology, glaucoma medical management and lasers.
* Performing anterior segment surgeries including cataract, glaucoma, and squint, and managing pediatric ophthalmology and squint clinic.
* I was involved as faculty in training of DNB Residents in Ophthalmology.

**PREVIOUS/ OTHER APPOINTMENTS**

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| 6th October 2000- 5th October 2003 |  | **Senior Registrar(SR)**  in Ophthalmology |  | Guru Nanak Eye Centre, University of Delhi, India |
| 22nd May, 2000- 6th August 2000 |  | **Senior Registrar(SR)**  in Ophthalmology |  | M. M. Eyetech Eye Institute, New Delhi, India |  | **Senior House Officer**  in Ophthalmology |  | Guru Nanak Eye Centre, University of Delhi, India |
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| 26th May 1997-  30th April 2000 |  | **Junior Resident(PG)**  in Ophthalmology |  | Guru Nanak Eye Centre, University of Delhi, India |

SURGICAL EXPERIENCE

**Cataracts**

Performed: Over 1000 phacoemulsifications and 2500 manual small incision cataract surgeries, 300 extracapsular cataract extractions. A continuous audit of my cataract surgery has been shown to be comparable to the accepted UK-wide audit figures.

Handling complications: I have supervised junior trainees regularly over the last 6 years and had the opportunity to deal with their complications including doing anterior vitrectomy and implanting scleral fixated and anterior chamber Intraocular Lenses.

**Glaucoma**

I have obtained extensive experience in the field of glaucoma and routinely manage patients with glaucoma medically and surgically including various laser procedures in my practice.

**Squint and Pediatric ophthalmology**

I am apt at the diagnosis of various motility disorders including horizontal and vertical

squints and cranial nerve palsies. I have performed various types of strabismus surgeries including recession, resection procedures, transposition procedures and surgery for nystagmus.

I have been routinely performing indirect ophthalmoscopy for screening of retinopathy of maturity in premature babies at risk. I have also done my research work in pediatric and developmental cataracts and routinely perform pediatric cataract surgeries with optic capture of PCIOL.

**Oculoplastics**

I routinely perform adnexal surgery in my practice including, ptosis surgeries, browpexies, ectropion correction surgeries, entropion correction surgeries, dacryocystorhinostomies, lid lesion excisional and incisional biopsies.

**Medical Retina**

I have been routinely performing retinal laser procedures and intravitreal injections for a wide range of pathologies including venous occlusions, diabetic retinopathy, diabetic maculopathy and age-related macular degeneration.

**Others**

I have obtained extensive experience in all subspecialities of ophthalmology during my training and have performed surgical procedures in numbers far exceeding the requirements of the training curriculums. My experience in India has given me a wide exposure in terms of the surgical management of trauma including penetrating eye injury repairs, lid laceration repairs, canalicular repairs and other complex trauma.

**PUBLICATIONS**

* Raina Usha K., Mehta D.K., Arora Ritu, Tuli Deven, **Gupta Vinita**: Selection of optimum intraocular lens in pediatric pseudophakia. **DOS TIMES, 1999; 4 (7): 23-25**.
* Raina Usha K., **Gupta Vinita**, Mehta D.K., Arora Ritu, Posterior continuous curvilinear capsulorhexis with and without optic capture of posterior chamber intraocular lens in the absence of vitrectomy. **J Pediatr Ophthalmol Strabismus 2002; 39:278 – 287.**
* Raina Usha K., **Gupta Vinita**, Mehta D.K., Arora Ritu. Letter to the Editors. Posterior continuous curvilinear capsulorhexis with and without optic capture of posterior chamber intraocular lens in the absence of vitrectomy/Reply. **J Pediatr Ophthalmol Strabismus 2003; 40(3):130-131**
* Raina Usha K., **Gupta Vinita**, Mehta D.K., Arora Ritu, Posterior continuous curvilinear capsulorhexis with and without optic capture of posterior chamber intraocular lens in the absence of vitrectomy. This article is also published as one of the selected **Abstracts in AJO May 2003; 135(5):751**
* Singla Ritesh, **Gupta Vinita,** Singla Narender Kumar.Comparison of the results of temporal corneal manual small incision cataract surgery with temporal phacoemulsification cataract surgery. **Journal of Research in Medical Education and Ethics 2015; 5(1):16-20**
* Dhiman Niharika, Chowdhuri Sandeepan, **Gupta Vinita**, Chaturvedi Jaya, Mundra Rajlaxmi.Blepharophimosis ptosis epicanthus inversus syndrome(BPES): A rare case of primary ovarian insufficiency.  **J Case Rep Images Gynecol Obstet 2016; 2: 20-24**
* **Gupta Vinita**, Gupta Sonali, Chaudhuri Zia. Diplopia in High Myopia. **Expert Review of Ophthalmology 2016;11(3):191-200**
* **Gupta Vinita.** Pediatric Cataract Surgery:Current Practice Guidelines**. Journal of Jalandhar Ophthalmological Society 2016;5(1):8-18**
* **Gupta Vinita**, Sindhu M, Taneja M, Bamotra R, Agrawal A.Glaucoma in keratoplasty: Current Concepts**. Journal of Jalandhar Ophthalmological Society 2016;5(2):2-12**
* **Gupta V**, Omar BJ. Case series of Ocular Cysticercosis in School Going Children from Foothill of North Himalayan region of India. Accepted for publication in **Journal of Microbiology and related research 2017; 3(2):141-146**
* **Gupta V**, Nishant P, Goyal JP, Kathuria S. Awareness regarding common childhood ocular problems amongst parents visiting paediatric OPD ina tertiary level hospital in the State of Uttarakhand, India. **Journal of Research in Medical Education and Ethics 2018;8(2):119-126**
* **Gupta V,** Aggarwal K, Nishant P, Arora RK.Rare case of sellar and suprasellar metastasis from Ewing’s Sarcoma of tibia. **J Neurosci Rural Pract** **2019 Jan-Mar;10(1):158-161**
* **Gupta V,** Luthra S, Shrinkhal, Sinha S. Takayasu arteritis: A unique ophthalmic presentation with CRAO and BRVO. **BMJ Case Rep 2019; 12:e228909. doi:10.1136/bcr-2018-228909**
* **Gupta V,** Jamil M, Luthra S, Puthalath AS. Alport syndrome with bilateral simultaneous anterior and posterior lenticonus with severe temporal macular thinning **BMJ Case Reports CP 2019;12:e229554**
* Mittal SK, Saraswat NK, Kumari S, Rana R, Shrinkhal, Patel S**, Gupta V** et al. “Pattern of ocular morbidities among pilgrims attending religious mega festive event-‘Kumbh Mela 2019’ at Prayagraj, India”. J Family Med Prim Care 2020;9:337-9
* **Gupta V,** Luthra S, Maheshwaril S et al. Relapsing Beuromyelitis in an adolescent girl. **BMJ Case Rep 2021;** [dx.doi.org/10.1136/bcr-2021-242402](http://dx.doi.org/10.1136/bcr-2021-242402" \t "/Users/vinita/Documents\\x/_new)
* **Gupta V.** Luthra S, Puthalath AS et al. **U**ndiagnosed malignant hypertension presenting as a direct spontaneous carotid-cavernous fistula with complete loss of vision and hyphaema” Submitted for publication in **BMJ Case Reports**
* **Gupta V, Das S, Mohan S, et al.** RAPD as a clinical alert for early evidence of Dysthyroid optic neuropathy". Submitted for publication in **Journal of Family Medicine and Primary Care.**
* **Gupta V,** Luthra G, Sawhney S**,** et al. Optimisation For Best Refractive Outcome In Cataract Surgery. Submitted for publication in **Digital Journal of Ophthalmology**
* **Gupta V, ,** Mohan S, Senthil S et al. Glaucoma After Corneal Transplantation Procedures**.** Submitted for publication in **Eye.**
* Mohan S, Sahai K, **Gupta V.**  Infectious Crystalline Keratopathy - A case series. Submitted for publication in **Nepalese Journal of Ophthalmology**

**OTHER PUBLICATIONS**

##### CHAPTERS IN BOOKS

* **Gupta Vinita**. Glaucoma in Systemic affections. In: Bhartiya S, Icchpujani P.Manual of Glaucoma. **New Delhi India: Jaypee Bros Medical Publishers;2016. p.275-282**

##### PEER - REVIEWER

As an invited peer-reviewer, I have reviewed scientific papers for the following journal-

* American Journal of Ophthalmology
* Delhi Journal of Ophthalmology
* American Journal of Case Reports

**PRIZES**

* **Awarded best paper certification in Pediatric Ophthalmology Session, AIOS, 2000**

All India Ophthalmological Society Conference, January 2000

For presentation on “PCCC in pediatric cataract with and without optic capture in absence of vitrectomy”

* **Awarded best paper certification in Young Ophthalmologists Session in AIOC-ARC-UKSOS Cataract & Glaucoma Symposium, 2019**

All India Ophthalmological Society -Academic Research Committee, June 2019

For presentation on “Rare case of Sellar and Suprasellar Metastasis from Ewing’s Sarcoma of Tibia”

* **Awarded best paper certification in Poster Podium Presentation in Cataract Session, AIOC, 2020**

All India Ophthalmological Society Conference, February 2020

For presentation on “Bilateral Anterior 7 Posterior Lenticonus in Alport Syndrome with Severe Temporal Macular Thinning

##### PRESENTATIONS

**Invited Speaker/Instructor/Chair**

* **Gupta Vinita.** Corneal topography: Wet Lab Instructor. **Contact lens workshop,**
* **Guru Nanak Eye Centre, New Delhi, 2001**.
* **Gupta Vinita. Guest faculty in National ROP Project phase II Workshop on Retinopathy of Prematurity, 2013 at Dehradun, India**
* **Gupta Vinita.** Instructor in Wet Lab at 72nd AIOC, IJO **Diamond Jubilee Conference 2014, Annual Conference of All India Ophthalmological Society in February 2014**
* **Gupta Vinita.** Lasers in Glaucoma. **Guest lecture in the Young Ophthalmologists Session (Basics of Clinical Practice). Ophtha Vaganza, Annual Conference of DOS, 2014**
* **Gupta Vinita. Chairperson** in Session on Glaucoma **in Uttara- Eyecon 2014, 11th Annual Conference of Uttarakhand State Ophthalmological Society**
* **Gupta Vinita**. Instruction course on Biometry Basics in IC390-“Diopteric Distress: How to Calculate IOL Power Under All Circumstances”. **Co-instructor in instruction course in 73rd Annual Conference of All India Ophthalmological Society, 2015**
* **Gupta Vinita. Moderator** in Session on Perimetry, Gonioscopy and Optic Disc Imaging in **Glaucoma India Education Programme under aegis of Glaucoma Society of India, Organized by Dehradun Ophthalmological Society, 2015**
* **Gupta Vinita:** Pigmentary Glaucoma: Pathogenesis and Management: **Guest Lecture in Uttara-Eyecon, Annual Conference of Uttarakhand State Ophthalmological Society, 2015**
* **Gupta Vinita:** Lasers in Glaucoma: **Guest Lecture in the Glaucoma Concepts Session in Ophthalmic Rendezvous-Current Concepts, Winter Conference of Delhi Ophthalmological Society, 2015**
* **Gupta Vinita.** Instructor in Wet Lab and SSTC (Surgical Skill Transfer Course) at 74th AIOC**, Annual Conference of All India Ophthalmological Society in February 2016**
* **Gupta Vinita**. **Instructor** in instruction course Diopteric Distress: Biometry in special situations, **in 67th Annual Conference of Delhi Ophthalmological Society, 2016**
* **Gupta Vinita.** Guest lecture on “Choosing an IOL for a Child: It’s not a child’s play” in **‘An Eye On The Future- A CME on Pediatric Ophthalmology by Jalandhar Ophthalmological Society in May, 2016**
* **Gupta Vinita.** Vision testing in children. **Guest lecture in NZOS & Uttara- Eyecon 2016, 30th Annual Conference of North Zone Ophthalmological Society and 13th Annual Conference of Uttarakhand State Ophthalmological Society**
* **Gupta Vinita.** IOL power calculation. **Guest lecture in CME on Basics of Examination & Investigative Ophthalmology by Guru Nanak eye Centre, New Delhi in January, 2017**
* **Gupta Vinita.** Recent Trends in Retinopathy of Prematurity**. Guest lecture in CME on Retina Panorama by Shri Mahant Indiresh Hospital under aegis of Dehradun Ophthalmological Society in March, 2017**
* **Gupta Vinita.** Workup and IOL Power calculations in Pediatric Cataract. **Guest lecture in CME on Childhood Blindness by All India institute of Medical Sciences, Rishikesh under aegis of Association of Community Ophthalmologists of India in March, 2017**
* **Gupta Vinita**. **Instructor** in instruction course **Dioptric Distress: Pediatric Biometry**, in 68th **Annual Conference of Delhi Ophthalmological Society, in April, 2017**
* **Gupta Vinita.** “Recent Advances in Pediatric Ophthalmology” and “What’s new in Glaucoma Surgery”. **Guest lectures in CME on Recent Advances in Ophthalmology by Jalandhar Ophthalmological Society in May, 2017**
* **Gupta Vinita.** Choosing an IOL for a Child: It’s not a child’s play. **Guest lecture in Uttara- Eyecon 2017, 14th Annual Conference of Uttarakhand State Ophthalmological Society in September, 2017**
* **Gupta Vinita.** Building a Myopia Control Speciality. **Guest lecture in Uttara- Eyecon 2017, 14th Annual Conference of Uttarakhand State Ophthalmological Society in September, 2017**
* **Gupta Vinita.**  Amblyopia- Current trends in Management. **Guest lecture in Uttara- Eyecon 2017, 14th Annual Conference of Uttarakhand State Ophthalmological Society in September, 2017**
* **Gupta Vinita.**  **Quiz Master** in Ophthalmic Housie-An Ophthalmic Quiz Vaganza.Guest lecture in Uttara- Eyecon 2017, **14th Annual Conference of Uttarakhand State Ophthalmological Society in September, 2017**
* **Gupta Vinita.** Optic Neuropathy (Hereditary and Traumatic). **Guest lecture in CME on NeuroOphthalmology by All India institute of Medical Sciences, Rishikesh in November, 2017**
* **Gupta Vinita.**  **Co-Quiz Master** in Ophthalmic Housie cum tambola in DOSCON 2018, **69th Annual Conference of Delhi Ophthalmological Society in April, 2018**
* **Gupta Vinita.** Chairperson in session on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision, **in 69th Annual Conference of Delhi Ophthalmological Society in April, 2018**
* **Gupta Vinita.** Pediatric Biometry. **Guest lecture in session on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision, in 69th Annual Conference of Delhi Ophthalmological Society in April, 2018**
* **Gupta Vinita.** Refractive Surprise - “Oops What to do!!”. **Guest lecture in session on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision, in 69th Annual Conference of Delhi Ophthalmological Society in April, 2018**
* **Gupta Vinita.** Laser Iridoplasty. **Guest Lecture in Lunch Symposium-Lasers in Glaucoma in GlauKovalam, 28th Annual conference of Glaucoma Society of India in September, 2018**
* **Gupta Vinita.** Assessment of Paralytic Strabismus. **Guest Lecture in CME on Strabismus- Concerns and Changing Paradigms organized by All India Institute of Medical Sciences, Rishikesh in September, 2018**
* **Gupta Vinita.** Traumatic Optic Neuropathy-Is there a Treatment? **Guest lecture in session on Neuro-Ophthalmology in DOS Winter Conference in November, 2018**
* **Gupta Vinita.** Choosing an IOL for a child-It’s not a child’s play!. **Guest Lecture in Cataract (Phacoemuslsification) session in AKSHICON-II, 2nd National Annual Conference organized by All India Institute of Medical Sciences, Jodhpur under aegis of Jodhpur Ophthalmological Society in December, 2018**
* **Gupta Vinita.** Recent advances in Glaucoma Surgery. **Guest Lecture in Glaucoma session in AKSHICON-II, 2nd National Annual Conference organized by All India Institute of Medical Sciences, Jodhpur under aegis of Jodhpur Ophthalmological Society in December, 2018**
* **Gupta Vinita.** Instructor in DSTC session on Goniscopy and Orthoptic evaluation **at 77th AIOC, Annual Conference of All India Ophthalmological Society in February 2019**
* **Gupta Vinita.** Instructor in TSTC session on Binocular iris photography for assessment of ocular torsion **at 77th AIOC, Annual Conference of All India Ophthalmological Society in February 2019**
* **Gupta Vinita.** Chief Instructor in Current Concepts session on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at **77th AIOC, Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Pearls and Perils of Basic Biometry. **Co-Instructor in Current Concepts session on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Pediatric Biometry. **Co Instructor in Current Concepts session on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** An Insight into Childhood Blindness. **Guest Lecture in ACOIN session at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Pearls and Perils of Biometry. **Guest Lecture in Clinical Rounds Cataract-I session at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Chairperson in Specialty Skill Set session **in AIOS ARC-ICO Teachers in Ophthalmology Apex Conclave at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Camp Posting for Residents-Do away. **Guest lecture in Specialty Skill Set session in AIOS ARC-ICO Teachers in Ophthalmology Apex Conclave at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Judge and Co- convener in **Free paper session on Pediatric Ophthalmology at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita.** Guest lecture on Choosing an IOL for a child” **in session on Biometry Solutions for Special Situations in Cutting Edge Technology, 70th Annual conference of Delhi Ophthalmological Society in April, 2019**
* **Gupta Vinita.** Chairperson **in session on Biometry Solution for All Situations-Targeting Eagle’s Eye Vision, in 70th Annual Conference of Delhi Ophthalmological Society in April, 2019**
* **Gupta Vinita.** Chairperson **in session on Biometry Solution for Special Situations-Targeting Eagle’s Eye Vision, in 70th Annual Conference of Delhi Ophthalmological Society in April, 2019**
* **Gupta Vinita.**  Biometry in Tender Eyes. **Guest lecture in AIOC-ARC-UKSOS Cataract & Glaucoma Symposium organized by Dehradun Ophthalmological Society under the aegis of Uttarakhand State Ophthalmological Society in June, 2019**
* **Gupta Vinita.** Intricacies of Trabeculectomy. **Guest lecture in AIOC-ARC-UKSOS Cataract & Glaucoma Symposium organized by Dehradun Ophthalmological Society under the aegis of Uttarakhand State Ophthalmological Society in June, 2019**
* **Gupta Vinita.** Gonioscopy. **Guest lecture in National Glaucoma Symposium, Glaucoma India Education Programme organized by Glaucoma Society of India under the aegis of Uttarakhand State Ophthalmological Society in July, 2019**
* **Gupta Vinita.** Lasers in Glaucoma. **Guest lecture in National Glaucoma Symposium, Glaucoma India Education Programme organized by Glaucoma Society of India under the aegis of Uttarakhand State Ophthalmological Society in July, 2019**
* **Gupta Vinita.** Step by Step Trabeculectopmy. **Guest lecture in National Glaucoma Symposium, Glaucoma India Education Programme organized by Glaucoma Society of India under the aegis of Uttarakhand State Ophthalmological Society in July, 2019**
* **Gupta Vinita.** Chairperson **in National Glaucoma Symposium, Glaucoma India Education Programme organized by Glaucoma Society of India under the aegis of Uttarakhand State Ophthalmological Society in July, 2019**
* **Gupta Vinita.** Role of Ocular Blood Flow in Glaucoma. **Instructor in Instruction Course on Ocular Blood Flow in Gluacoma in Glaucoknow, 29th Annual conference of Glaucoma Society of India in September, 2019**
* **Gupta Vinita.**  Intricacies of Trab. **Guest lecture in Uttara- Eyecon 2019, 16th Annual Conference of Uttarakhand State Ophthalmological Society in October, 2019**
* **Gupta Vinita.**  Chairperson in Session on Pediatric Ophthalmology **in Uttara- Eyecon 2019, 16th Annual Conference of Uttarakhand State Ophthalmological Society in October, 2019**
* **Gupta Vinita.** NABH Guidelines. **Guest lecture in Combat Eye Infections, An AIOS-ARC CME organized by All India Institute of Medical Sciences, Rishikesh under the aegis of Academic and Research Committee, All India Ophthalmological Society and Uttarakhand State Ophthalmological Society in January, 2020**
* **Gupta Vinita.** Chairperson in Session 6-Research Training **in AIOS ARC-ICO Teachers in Ophthalmology Apex Conclave at 78th AIOC Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita.** Thesis Publication- A Must. **Guest Lecture in Session 6-Research Training in AIOS ARC-ICO Teachers in Ophthalmology Apex Conclave at 78th AIOC Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita.** Chief Instructor in instruction course on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at **78th AIOC, Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita.** Intricacies of Trabeculectomy**. Speaker in session on Beyond Trab in Current Concepts Session in 78th AIOC, Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita.** Pearls and Perils of Biometry Basics-**Co Instructor in instruction course on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at 78th AIOC, Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita.** Is Pediatric Ophthalmology going to be Child’s Play? Co instructor in Instruction course - “Beauty and the Beast: Artificial Intelligence in Ophthalmology” at **78th AIOC, Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita**. ‘Gonioscopy” -**Guest lecture in session on Diagnosis in Glaucoma in DOS 2020 Goes International and Hybrid, 71st Annual conference of Delhi Ophthalmological Society in December, 2020**
* **Gupta Vinita.**  “Anatomical, Physiological aspects with Emphasis on Autoregulation and Vascular Risk factors”-Co-instructor in Instruction Course on Ocular Blood Flow: Demystifying the Pandora Box at **79h Virtual AIOC, Annual Conference of All India Ophthalmological Society in June 2021**
* **Gupta Vinita.** “Pearls and Perils of Biometry Basics”- Co- instructor in instruction course on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at **79th Virtual AIOC, Annual Conference of All India Ophthalmological Society in June 2021**
* **Gupta Vinita**. “Use of Operating Microscope Specifics”-Guest Speaker inAIOS ARC Training the Trainers-Session 5: Surgical Training for Post Graduates **at 79th Virtual AIOC Annual Conference of All India Ophthalmological Society in June 2021**
* **Gupta Vinita. “**Biometry in Tender eyes”-Co-instructor in instruction course on Dioptric distress: Biometry Solution for All Situations-Targeting Eagle’s Eye Vision at **79th Virtual AIOC, Annual Conference of All India Ophthalmological Society in June 2021**
* **Gupta Vinita**. Judge in Comprehensive Ophthalmology-Physical Posters “ session **at 79th Virtual AIOC Annual Conference of All India Ophthalmological Society in June 2021**
* **Gupta Vinita.**“Did I make the Right Choice: Choosing the Right Surgery?”in Co-instructor in Instruction Course on Surviving the Roller Coaster of Filtering Surgery in Glaucoma:Practical tips at **79h Virtual AIOC, Annual Conference of All India Ophthalmological Society in June 2021**

**Presentations in International Meetings**

* Raina Usha K., **Gupta Vinita**, Mehta D.K., Arora Ritu Posterior continuous curvilinear capsulorhexis (PCCC) with and without optic capture in absence of vitrectomy. **Paper presented at 104th annual meeting of American Academy of Ophthalmology, 2000.**
* Singh Kirti, **Gupta Vinita,** Das J.C., Singh Daljit. Endogenous glaucoma in Cushing’s syndrome. **Poster presented at 5th International Glaucoma Symposium, 2005**
* Dhiman Niharika, Chowdhuri Sandeepan, **Gupta Vinita**, Chaturvedi Jaya. Blepharophimosis Syndrome: A rare case of primary ovarian insufficiency-A study of 2 cases. **Poster accepted for presentation at FIGO (International Federation of Gynaecolgy and Obstetrics) Conference, 2015**
* **Gupta Vinita.** Surgical Options**:** Trabeculotomy, Goniotomyin Session on Pediatric GlaucomasManagement Algorithms. **Guest lecture in Joint DOS-SPOSI International Congress organized by Delhi Ophthalmological Society 2017**
* **Gupta Vinita.** Choosing an IOL for a Child: It’s not a child’s play. **Guest lecture in Squint & Pediatric Ophthalmology session at I-DOS Singapore, International Conference of Delhi Ophthalmological Society in association with Singapore Ophthalmology Society in January, 2019**

**Other Key Presentations**

##### PAPER AND POSTER PRESENTATIONS AT NATIONAL PLATFORMS

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* **Gupta Vinita**, Raina Usha K., Mehta D.K., Arora Ritu: Functional Outcome of ACCC vs ACCC + PCCC in pediatric cataract surgery: A prospective, randomized study. Presented in **All India Ophthalmological Society, AIOS 2000 meet**.
* Raina Usha K., **Gupta Vinita**, Mehta D.K., Arora Ritu: Preop & postop difficulties and surgical outcome of ACCC and PCCC in pediatric cataract surgery: A critical analysis. Presented in **All India Ophthalmological Society, AIOS 2000 meet**.
* Raina Usha K., **Gupta Vinita**, Mehta D.K., Arora Ritu: PCCC in pediatric cataract with and without optic capture in absence of vitrectomy: A prospective, randomized study. Presented in **All India Ophthalmological Society, AIOS 2000 meet and** **awarded best paper certification in pediatric ophthalmology session**
* Raina Usha K, **Gupta Vinita**, Tuli Deven, Mehta D.K., Arora Ritu. Comparative evaluation of PCCC with and without optic capture in pediatric cataract surgery without adjuvant anterior vitrectomy. **Proceedings of Ophthalmic Panorama, Annual Conference of Delhi Ophthalmological Society 2000.**
* Raina Usha K., Tuli Deven, Mehta D.K., Arora Ritu, **Gupta Vinita**. Role of CT Scan for diagnosis of rare and unusual forms of retinoblastoma. Paper accepted at AIOS 2000 meet.
* **Gupta Vinita.** Endogenous steroid induced glaucoma. Difficult cases encountered in day-to-day practice. Proceedings of **midterm Delhi Ophthalmological Conference, DOS conference, 2002.**
* **Gupta Vinita.** Steroid induced glaucoma. Practical cases for practitioners and their management. **Proceedings of Ophthalmology Foresight, Annual Conference of Delhi Ophthalmological Society 2003**.
* Singh Kirti, **Gupta Vinita.** Initial experience with multifocal lenses. **Paper presented at All India Ophthalmological Society, AIOS 2004 meet.**
* ­­­­­­­­­­­­­­­­­­­­Singh Kirti, **Gupta Vinita.** Analysis of quality of life of glaucoma patients by a questionnaire. **Poster presented at All India Ophthalmological Society,AIOS 2004 meet.**
* Singh Kirti, **Gupta Vinita.** Topographic assisted contact lens fitting in post keratoplasty astigmatism. **Paper presented at All India Ophthalmological Society, AIOS 2004 meet.**
* **Gupta Vinita.** Study of refractive error profile in a tertiary care research centre in Uttarakhand. **Paper presented at Uttara- Eyecon 2014, 11th Annual Conference of Uttarakhand State Ophthalmological Society**
* Agrawal Ajai, Anupam**, Gupta Vinita.** Practical Aspects of visual acuity assessment in children. **Poster presented at NZOS & Uttara- Eyecon 2016, 30th Annual Conference of North Zone Ophthalmological Society and 13th Annual Conference of Uttarakhand State Ophthalmological Society**
* **Gupta Vinita,** Chacham Swathi, Mohanty Shanti Bhushan.A rare entity of Congenital Rubella Syndrome with Basal ganglia calcification and Bilateral Nuclear Cataracts in a Neonate. **Poster presented at NAMSCON 2017, 57th Annual Conference of National Academy of Medical Sciences in October, 2017**
* **Gupta Vinita,** Aggarwal Kirti, Rajnish K Arora, Shweta Pal, Rahul Dev. Rare Case of Sellar and Supraselar Metastasis from Ewing’s Sarcoma of Tibia. **Poster presented at DOSCON 2018, 69th Annual Conference of Delhi Ophthalmological Society in April, 2018**
* **Gupta Vinita,** Mahsa Jamil, Athul S Puthalath, Saurabh Luthra, Gaurav Luthra. Simultaneous Bilateral Anterior and Posterior Lenticonus with Foveal and Temporal macular thinning in Alport Syndrome. **Poster presented at DOSCON 2018, 69th Annual Conference of Delhi Ophthalmological Society in April, 2018**
* **Gupta Vinita**, Nishant Prateek, Goyal Jagdish, Kathuria Saurabh. Awareness regarding common childhood ocular problems amongst parents visiting paediatric OPD in a tertiary level hospital in the State of Uttarakhand, India.**Paper presented in at ACOIN, 9th Annual Conference of the Association of Community Ophthalmologists of India in August-September 2018**
* **Gupta Vinita,** Aggarwal Kirti, Rajnish K Arora. Rare Case of Sellar and Supraselar Metastasis from Ewing’s Sarcoma of Tibia. **Paper presented in Young Achiever’s Session for Dr RN Singh Award in Uttara Eyecon, 15th Annual Conference of Uttarakhand State Ophthalmological Society in October 2018**
* **Gupta Vinita**, Nishant Prateek, Goyal Jagdish, Kathuria Saurabh.Awareness regarding common childhood ocular problems amongst parents visiting paediatric OPD in a tertiary level hospital in the State of Uttarakhand, India. **Paper presented in Young Achiever’s Session for Dr RN Singh Award in Uttara Eyecon, 15th Annual Conference of Uttarakhand State Ophthalmological Society in October 2018**
* Nishant Prateek, Mittal Sanjeev Kumar, **Gupta Vinita**, Singh Anupam. A Case of Atypical Cavernous Malformation of the Left orbit and Maxillary Region. **Paper presented in Oculoplasty free paper session at 77th AIOC Annual Conference of All India Ophthalmological Society in February, 2019**
* **Gupta Vinita,** Aggarwal Kirti, Rajnish K Arora. Rare Case of Sellar and Supraselar Metastasis from Ewing’s Sarcoma of Tibia**. Paper presented in Young Ophthalmologists Session in AIOC-ARC-UKSOS Cataract & Glaucoma Symposium under the aegis of Uttarakhand State Ophthalmological Society in June, 2019**
* **Gupta Vinita,** Puthalath Athul S**.** An unusual case of severe bilateral convergence strabismus fixus. **Paper presented in Young Ophthalmologists Session in AIOC-ARC-UKSOS Cataract & Glaucoma Symposium under the aegis of Uttarakhand State Ophthalmological Society in June, 2019**
* **Gupta Vinita,** Pandurangan Sneha. A case of angle Recession Glaucoma with Suspicious disc in other eye. **Paper presented in Young Ophthalmologists Session in National Glaucoma Symposium, Glaucoma India Education Programme organized by Glaucoma Society of India under the aegis of Uttarakhand State Ophthalmological Society in July, 2019**
* **Gupta Vinita,** Mareguddi Raghavendra R. A case of prostaglandin induced macular oedema. **Paper presented in Young Ophthalmologists Session in National Glaucoma Symposium, Glaucoma India Education Programme organized by Glaucoma Society of India under the aegis of Uttarakhand State Ophthalmological Society in July, 2019**
* Gupta Vinita, Jamil Mahsa, Puthalath Athul S, Luthra Saurabh. Bilateral Anterior and Posterior Lenticonus in Alport Syndrome with severe Temporal Macular Thinning. **Paper presented in Cataract session as poster podium presentation at 78th AIOC Annual Conference of All India Ophthalmological Society in February, 2020**
* **Gupta Vinita,** Yadav Preeti, Shrinkhal, Luthra Saurabh**.** Bilateral relapsing optic neuritis with diagnostic dilemma of NMSOD or toxic optic neuropathy. **Poster presented at AIOC 2020, 78th Annual Conference of All India Ophthalmological Society in February 2020**
* **Gupta Vinita,** Aggarwal Kirti, Nishant Prateek. Rare case of sellar and suprasellar metastasis from Ewing’s sarcoma ofTibia**. Poster presented at AIOC 2020, 78th Annual Conference of All India Ophthalmological Society in February 2020**

##### RESEARCH THESIS

**"** Evaluation of Functional Outcome of Primary Posterior Continuous Curvilinear Capsulorhexis in Pediatric Cataract Surgery **"**.

* An eighteen-month prospective clinical trial evaluating the results of Primary Posterior Continuous Curvilinear Capsulorhexis in Pediatric Cataract Surgery.
* Part of the structured three-year postgraduate training programme leading to the degree of MS (Master of Surgery) in Ophthalmology from the University of Delhi.
* Presented at the annual meeting of the All India Ophthalmic Society in Chennai, India in January 2000 where **awarded best paper certification in pediatric ophthalmology session**
* Presented at the 104th annual meeting of American Academy of Ophthalmology in October, 2000**.**
* This research workhas been published in Journal of Pediatric ophthalmology and Strabismus with 51 citations and selected as one of the best abstracts by American Journal of Ophthalmology in 2003.

##### RESEARCH PROJECTS

1. **INTRAMURAL PROJECTS**

**As Principal Investigator**

* Early screening of binocular vision anomalies in paediatric population
* To study role of contrast sensitivity and color vision as tools for assessment of visual function of diabetics
* Isolation and Characterization of Bacterial & Fungal Flora (both commensal and pathogenic) from Conjunctival Sac of Patients with Cataract Presenting to a Tertiary Care Hospital in the State of Uttarakhand
* Comparison of Concentration of Moxifloxacin in Aqueous Humor of Patients Undergoing Cataract Surgery Following Topical Only and Topical Plus Oral Administration
* To Study Vision and Health Related Quality Of Life In Unilateral Sight Impaired Participants

**As Co-Principal Investigator**

* A clinical study depicting effects of mobile phone usage on different ocular structures.

1. **ICMR SHORT TERM STUDENTSHIP PROJECT** (Completed as intramural project)

* Awareness regarding common childhood ocular problems amongst parents visiting pediatric OPD in a tertiary level hospital in the state of Uttarakhand

1. **MULTICENTRIC STUDY (In Collaboration with AIIMS, New Delhi)**

* A Randomised Controlled Trial to Evaluate the Effect of Low Dose Atropine Eye Drops for Childhood Myopia-Ongoing muticentric study with my role as Principle Investigator for the center at All India Institute of Medical Sciences, Rishikesh

1. **MD PG THESIS RESEARCH WORK-As Guide for MD candidates**

* A prospective comparative study to evaluate the accuracy of vectorally analysed iris photographs for objective assessment of ocular torsion in patients operated for cyclovertical strabismus
* Effect of age on stereopsis and its association with cerebral function in normal individuals

##### MANAGEMENT EXPERIENCE

* **Treasurer of CME on**
* **Venture The Villages for Vision** in September, 2018at All India Institute of Medical Sciences, Rishikesh, India
* **Strabismus-Concerns and Changing Paradigms** in September, 2018 at All India Institute of Medical Sciences, Rishikesh, India
* **Organizing secretary of CME on**
* **Childhood Blindness** in March, 2017at All India Institute of Medical Sciences, Rishikesh, India
* **Neuro-ophthalmology** in November, 2017 at All India Institute of Medical Sciences, Rishikesh, India
* **Executive Committee member,** Faculty Association of All India Institute of Medical Sciences, Rishikesh 2015-16.
* **Member Cultural Committee for Annual Day Celebrations 2013 and 2015 and NAMSCON, Annual conference, 2014** All India Institute of Medical Sciences, Rishikesh
* **Member Technical Evaluation Committee** for procurement of equipments and instruments for initiating and constantly upgrading the Ophthalmology Department at All India Institute of Medical Sciences, Rishikesh 2013 onwards.
* **Organizing chairperson and speaker of Glaucoma Screening and Awareness Camp as part of World Glaucoma Week**
* From 10th to 16th March, 2013 at Cantonment General Hospital, Delhi Cantt., India
* From 10th to 15th March, 2014 at All India Institute of Medical Sciences, Rishikesh, India

I, along with two of my registrars, were responsible for the entire planning and execution of this camp including structure, content, speakers, finance, venue and catering.

* **Member Technical Evaluation Committee** for procurement of equipments and instruments to set up new Ophthalmology Department at Cantonment General Hospital, Delhi Cantt 2012-2013.
* **Joint Secretary of Faridabad Ophthalmological Society, India 2008-09**
* **Executive Committee member,** Guru Nanak Eye Centre Resident Doctors Association, New Delhi 2000-01.
* **Member of Organizing team** of Contact Lens Workshop in December 2001 at Guru Nanak Eye Centre, Maulana Azad Medical College, New Delhi

##### TEACHING EXPERIENCE

* **79th Conference 2021, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on ‘Anatomical, Physiological aspects with Emphasis on Autoregulation and Vascular Risk factors”- in Instruction Course on Ocular Blood Flow: Demystifying the Pandora Box at 79th AIOC, Annual Conference of All India Ophthalmological Society in June 2021

* **79th Conference 2021, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on ‘Did I make the Right Choice: Choosing the Right Surgery? in Instruction Course on Surviving the Roller Coaster of Filtering Surgery in Glaucoma:Practical tips at 79th AIOC, Annual Conference of All India Ophthalmological Society in June 2021

* **79th Conference 2021, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on Pearls and Perils of Biometry basics in Instruction course -“Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye Vision at 79th AIOC, Annual Conference of All India Ophthalmological Society in June 2021

* **79th Conference 2021, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on Biometry in Tender eyes in Instruction course -“Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye Vision at 79th AIOC, Annual Conference of All India Ophthalmological Society in June 2021

* **Post Graduate Ophthalmology Resident Thesis Research Project (2017, 2018, 2019, 2020), All India Institute of medical Sciences, Rishikesh**

I have supervised the thesis research project of Resident trainees in Ophthalmology as Chief Guide for the years 2017-2020 and 2018-20121 for the following

* A prospective comparative study to evaluate the accuracy of vectorally analysed iris photographs for objective assessment of ocular torsion in patients operated for cyclovertical strabismus
* Effect of age on stereopsis and its association with cerebral function in normal individuals
* **78th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided hands on training in IOL Power Calculations in TSTC at 78th AIOC, Annual Conference of All India Ophthalmological Society in February 2020

* **78th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on Is Pediatric Ophthalmology going to be Child’s Play? In Instruction course -“Beauty and the Beast: Artificial Intelligence in Ophthalmology” at 78th AIOC, Annual Conference of All India Ophthalmological Society in February 2020

* **78th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on Pearls and Perils of Biometry basics in Instruction course -“Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye Vision at 78th AIOC, Annual Conference of All India Ophthalmological Society in February 2020

* **78th Conference 2019, Annual Conference of All India Ophthalmological Society**

As Teacher provided lecture based training on Thesis Publication -a must in AIOS-ARC-ICO Teachers in ophthalmology Apex Conclave Session 6-Research Training at 78th AIOC, Annual Conference of All India Ophthalmological Society in February 2020

* **29th Conference 2019, Annual conference of Glaucoma Society of India**

As Co instructor provided lecture based training on Role of Ocular Blood Flow in Glaucoma in instruction course on Ocular Blood Flow in Glaucoma in September 2019

* **77th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on Pearls and Perils of Biometry basics in Instruction course -“Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye Vision at 77th AIOC, Annual Conference of All India Ophthalmological Society in February 2019

* **77th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided hands on training on Goniscopy and Orthoptic evaluation in DSTC session at 77th AIOC, Annual Conference of All India Ophthalmological Society in February 2019

* **77th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided hands on training on Binocular iris photography for assessment of ocular torsion in TSTC session at 77th AIOC, Annual Conference of All India Ophthalmological Society in February 2019

* **77th Conference 2019, Annual Conference of All India Ophthalmological Society**

As instructor provided lecture based training on Pediatric biometry in Instruction course -“Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye Vision at 77th AIOC, Annual Conference of All India Ophthalmological Society in February 2019

* **DOSCON 2018, Ophthalmic Spectrum, 69th Annual Conference of All India Ophthalmological Society**

As co-instructor, provided lecture based training on Pediatric Biometry in Instruction course -“Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye Vision”.

* **DOSCON 2018, Ophthalmic Spectrum, 69th Annual Conference of All India Ophthalmological Society**

As co-instructor, provided lecture based training on Refractive Surprise - “Oops What to do!!”in Instruction course - “Dioptric Distress : Biometry Solutions for All Situations-Targeting Eagle’s Eye VisionHow to Calculate IOL Power Under All Circumstances”.

* **DOSCON 2017, Ophthalmic Spectrum, 68th Annual Conference of Delhi Ophthalmological Society**

As co-instructor, provided lecture based training on Pediatric Biometry in Instruction course -“Dioptric Distress”.

* **75th Conference 2017, Annual Conference of All India Ophthalmological Society**

As part of faculty, provided wet-lab based training on common diagnostic procedures in Glaucoma and slit lamp examination as well as hands on training on manual small incision cataract surgery, Phacoemulsification and Anterior Vitrectomy in SSTC (Surgical Skill Transfer Course).

* **DOSCON 2016, Ophthalmic Panorama, 67th Annual Conference of All India Ophthalmological Society**

As co-instructor, provided lecture based training on biometry in special situation basics in Instruction course-“Dioptric Distress”.

* **74th Conference 2016, Annual Conference of All India Ophthalmological Society**

As part of faculty, provided wet-lab based training on common diagnostic procedures in Glaucoma and slit lamp examination as well as hands on training on manual small incision cataract surgery and Phacoemulsification in SSTC (Surgical Skill Transfer Course).

* **73rd Conference 2015, Annual Conference of All India Ophthalmological Society**

As co-instructor, provided lecture based training on biometry basics in IC390- “Dioptric Distress: How to Calculate IOL Power Under All Circumstances”.

* **Medical Students’ Research Project (2015), All India Institute of medical Sciences, Rishikesh** (2015)

I had supervised a KAP questionnaire based project undertaken by 3rd year medical student as part of their curriculum. The project involved study of “awareness regarding common childhood ocular problems amongst parents visiting pediatric OPD in a tertiary level hospital”. I had introduced the project in a simplified manner and the data acquired along with the analysis was helpful to the student in understanding the importance and validity of such KAP studies.

* **IJO**  **Diamond Jubilee Conference 2014, Annual Conference of All India Ophthalmological Society**

As part of faculty, provided wet-lab based training on common diagnostic procedures in Glaucoma.

* **Faculty at All India Institute of Medical Sciences, Rishikesh (April, 2013 till date)**

As faculty of this institute, I am involved in planning and implementation of Curriculum in Ophthalmology for medical graduates (M.B.B.S students) and postgraduate residents in Ophthalmology.

Involved in didactic lectures, tutorials, clinical case discussions and practical teaching of

M. B. B. S. students of every batch comprising of 100 students and MD batch of post graduate residents in Ophthalmology comprising of 12 residents every year.

I have trained 2 registrars in 2014 , 2015, 2016, 6 in 2017 and at present have 7 registrars and 27 post graduate rsidents training under my supervision for the last four years, who under my supervision have been performing phacoemulsification surgeries, manual small incision cataract surgeries, glaucoma surgeries, squint surgeries and various oculoplasty procedures along with operative management of Ocular trauma. Over a span of twelve months each, under my supervision, the trainees have become confident in carrying out procedures such as minor adnexal procedures and manual small incision cataract surgery. As part of the faculty I have been involved in giving didactic talks as well as one-to-one practical skills teaching to the trainees.

* **Guru Nanak Eye Centre, New Delhi, India** (October 2000- September 2003)

-As Registrar, I took formal tutorials of a group of 30 medical students once a week regularly over a period of 8 months along with frequent clinic teaching.

-Didactic lectures for a class of 45 nursing students

##### VOLUNTARY WORK

* Actively participated in providing **Ophthalmic Care services at Netra Kumbh, the eye mega camp** among pilgrims attending religious mega festive event-‘Kumbh Mela 2019’ at Prayagraj.
* Actively participated in the multiple **Eye camps** organized in Underprivileged areas in Uttar Pradesh and Haryana, in vicinity of Delhi as part of screening and surgical camps for cataract organized by **Lions Eye Hospital, Delhi** under the aegis and sponsorship of **Lions International,** a non-governmental organization**.** Screening of patients for cataract surgery was carried out on the first day of the camp followed by seven to eleven days of surgery in the Lions Hospital eye unit.
* Participant in **“Cataract Free Delhi” Drive** 2003, 2002, 2001, 2000 and 1999
* Participant in National **Pulse Polio Programme** 2000, 1999, 1998 and 1997
* Participant in **"Perfect Health Mela** " 2000 and 1999

**INFORMATION TECHNOLOGY SKILLS**

* Fluent in the advanced level use of **Microsoft Word** and **Microsoft Power point.** Use it regularly for teaching, presentation and research purposes.
* Good understanding and use of Microsoft Excel. Use it regularly for research purposes.
* Fluent in the use of **Internet** as a means of communication and for the use of medical literature review. Regular user of **Pubmed** to keep myself updated on the latest in my specialist areas.

##### EXTRA- CURRICULAR INTERESTS

* **Dance**
* I have contributed actively to the promotion of dance and cultural activity in the college, being a part of the cultural committee of the All India Institute of Medical Sciences, Rishikesh, India.
* I have Participated in Salsa Elementary -1 Level Salsa Workshop by Choreotheque Dance studio in Mar-May 2011 in New Delhi, india
* **Sports and other activities**
* Participated in Basketball and Handball championship at district level
* Won 2nd place in relay meet at Annual College sports and games meet of Lady Hardinge Medical College, New Delhi in 1992
* Won 1st place in Throwball at Annual College sports and games meet of Lady Hardinge Medical College, New Delhi in 1992
* Won 1st place in Throwball at Annual College sports and games meet of Lady Hardinge Medical College, New Delhi in 1993
* Awarded yellow belt in Martial arts of Karate Do by Mushidokai International, International Youth Centre, New Delhi in1992

**REFEREES**

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